



An official newsletter of Maratha Mandal's N. G. Halgekar Institute of Dental Sciences & Research Centre, Belagavi.

WORLD ORAL HEALTH DAY

To commemorate World Oral Health Day, the Department of Public Health Dentistry visited Maratha Mandal's PU College, Maratha Mandal's Polytechnic College, and Maratha Mandal's High School, Honaga. At each of the three places, health talk was given related to their oral health issues, caries, and maintenance of oral hygiene. A tooth brushing technique was also demonstrated. FDI's campaign theme posters, banners, and fact sheets were used to raise awareness regarding oral health. An oral screening of staff and students was undertaken at Maratha Mandal's High School.

Awareness regarding the FDI World Dental Federation's overarching campaign theme "Be Proud of Your Mouth" was done with the help of handmade campaign frames. In addition, instructions were given related to hand hygiene, preventive measures for COVID-19, and the importance of vaccination. The activity, which was conducted in the school, was covered by the local newspapers. A report of this activity was also sent to the FDI World Dental Federation in Geneva, Switzerland.



IACDE NATIONAL PG CONVENTION PRIZE

Five second-year postgraduates from the Department of Conservative Dentistry and Endodontics attended the 22nd IACDE National PG Convention held on March 25th, 26th, and 27th, 2022, hosted by GSL Dental College & Hospital, Rajahmundry, Andhra Pradesh. Dr. Sahana Umesh and Dr. Akanksha Virendra Gaonkar secured the 2nd prize in the scientific paper presentation. Dr. Anjany Chowdary won the Blinded Tactile Test Competition held by Coltene India in which she located the exact apex in 5.7 seconds.



INNOVATION PATENT

The Commissioner of Patents, Australian Government, IP Australia, has granted an innovation patent with number 2021102741 for "A novel methodology for the production and inoculation of periodontal ligament stem cells from periodontal ligament fibers on titanium implants in an animal model" on March 9th, 2022. One of the seven inventors named is Dr. Kishore Bhat. The term of this patent is eight years from May 21st, 2021.

PARIKSHA PE CHARCHA 2022

The live broadcast of Pariksha pe Charcha 2022 was organised at our institute auditorium on April 1st, 2022 at 11 a.m. The Hon'ble Prime Minister of India interacted with the students. The programme was attended by our undergraduate and postgraduate students, interns, and a few members of our institute teaching staff.

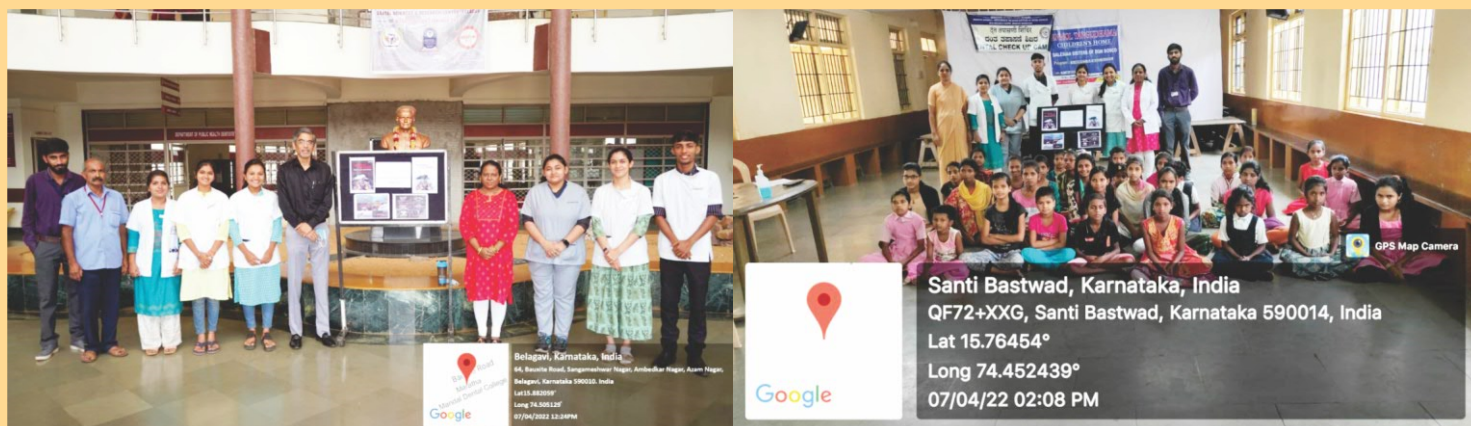
MAKING IMPLANTOLOGY SIMPLE

The Department of Prosthodontics and Crown & Bridge conducted a CDE programme on "Making Implantology Simple" in collaboration with Nobel Biocare India Pvt. Limited on April 23rd, 2022 for the teaching staff and interns in the institute auditorium. The guest speaker for the event was Dr. A. Kumarswamy, a renowned periodontist from Mumbai. Sir spoke in detail about how implant dentistry has an edge over conventional prosthodontics and also shared his clinical cases. He also spoke extensively on troubleshooting in implantology. The event was inaugurated by the lighting of the lamp by Dr. A. Kumarswamy, Guest Speaker; Dr. Ramakant Nayak, Principal; Dr. Preethi Kusugal, Vice Principal; Dr. R. B. Hallikerimath, Professor and Head, Dept. of Prosthodontics and Crown & Bridge; Dr. Ranganath Nayak, Professor and Head, Dept. of Oral and Maxillofacial Surgery; and Dr. Aarati Nayak, Professor and Head, Dept. of Periodontology. The event was sponsored by Nobel Biocare India Pvt. Limited. The event was attended by 33 staff members and 36 interns.



WORLD HEALTH DAY

The Department of Public Health Dentistry celebrated World Health Day on April 7th, 2022, at the Anmol Tangudhama Orphanage, Santi Bastwad, Belagavi. The orphans were educated on oral health. Oral screening was done for children, and a tooth brushing technique was demonstrated.



DR. N. C. ANANTHAKRISHNA ENDOWMENT ORATION

Dr. Kishore Bhat has delivered the 9th Dr. N. C. Ananthakrishna Endowment Oration on “Microbiome in health and disease-Practical considerations” in the CME on “Oral Microbiome and Infections: Revisiting the Fundamentals” on April 9th, 2022, organised by the Department of Microbiology, Kasturba Medical College, Mangalore.



NATIONAL ORAL MEDICINE DAY

On the occasion of the National Oral Medicine Day celebration, Dr. Sujata Byahatti, Professor from the department of Oral Medicine and Radiology, was invited as a Judge at KLE's VK Institute of Dental Sciences, Belagavi, for a video making competition held on April 22nd, 2022.



ORIENTATION PROGRAMME AND BRIDGE COURSE

The orientation programme for I BDS students' batch 2021-22 was conducted on April 18th, 2022. On the occasion, Dr. Ramakant Nayak, Principal, gave the introductory remarks and spoke about the brief history of Maratha Mandal and our institute, as well as the various academic, sports and cultural activities that are regularly conducted at our institute. He also introduced the office bearers and HOD's of our institute. Dr. Preethi Kusugal, Vice Principal, introduced our institute council members. Dr. Veerendra Uppin, Academic Incharge, gave an orientation to the BDS course. Dr. Pushpa P, Administrative Incharge, instructed them on the rules and regulations of our institute. Dr. Sanjeevini Hattarki, Incharge of the Anti-Ragging Cell, spoke on the anti-ragging measures taken by our institution. In addition, a bridge course was organized for them from April 19th to April 21st, 2022. On the occasion, 12 staff members from the dental and medical fields spoke on various topics.



THE BASIC IMPLANT COURSE

Our institute organized a Basic Implant Course from April 4th to April 8th, 2022 (Module 1) for the postgraduates of our institute. This course entailed didactic lectures, hands-on training, and case discussions. A senior periodontist and implantologist from Mumbai, Dr. Nrupal Kothare, was the course coordinator. Dr. Kothare has had vast experience in the field of implantology for the past 30 years, having placed and guided more than 10,000 dental implants. The staff of Oral and Maxillofacial Surgery headed by Dr. Ranganath Nayak, Periodontology headed by Dr. Aarati Nayak, and Prosthodontics and Crown & Bridge headed by Dr. Rajendra Hallikerimath, under the guidance of the Principal, Dr. Ramakant Nayak, guided the postgraduates along with Dr. Nrupal Kothare. Dr. Ajay Kumar Nayak and Dr. Sandeep Katti were the course coordinators. The 16 participants in the course received extensive training in treatment planning, implant placement, suturing, and surgical protocol on simulation models. This was followed by a live surgical demonstration. Thirty-one implant surgeries were done under guidance on the last two days of the course by the participants. All the patients were immensely satisfied with the implant surgeries conducted. The implant course was supported by the President of Maratha Mandal, Smt. Rajshree Nagaraju, and Osstem India Private Limited.

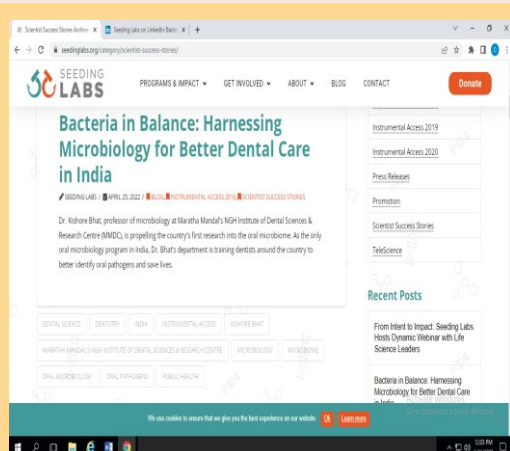


INTERCOLLEGIATE FOOTBALL TOURNAMENT

Our institute organized the Intercollegiate Football Tournament "Ultimate Battle" Season 6 on April 23rd and 24th, 2022 at the institute campus. Twenty-three teams from Belagavi city participated in the tournament. The inauguration of the tournament was done by the Principal, Dr. Ramakant Nayak; Vice Principal, Dr. Preethi Kusugal; Sports Incharge, Dr. Sachin Shivanaiakar; Staff, Dr. Zarir Ruttonji; and Student Sports Secretaries, Mr. Aditya Dhamnekar, Mr. Sachin Balapannavar, and Ms. Keerthi Lenka. An inauguration match was played between our institute and Shiv Basav Jyothi, Homoeopathic Medical College. The finals were played between GSS College and Gogte College of Commerce. The winner's trophy and a cash prize of Rs. 12,000 were won by GSS College. The runner's up team won a Rs. 8,000 cash prize and a runner's up trophy. The Best Defender Trophy was received by Mr. Gaurav Patil from Gogte College. The High Scorer Trophy was bagged by Mr. Ninad Sagare from our institute. The Best Player Trophy was won by Mr. Harshal Patil from GSS College. The Tournament Title Sponsor was Asha Textiles from Konnur, Gokak. Other sponsors were our alumni, Dr. Nikhil Harer and Dr. Tanay Borkar, Mr. Devarath Jagajampi, Mangai Sports, and Mr. Anant Joshi. The referee for the tournament was Mr. Harry, a football coach.



SEEDING LAB'S BLOG - SCIENTIST SUCCESS STORIES



Our institute's Central Research Lab is one of 16 awardees chosen for Instrumental Access 2018 from a pool of 51 applications received from 22 countries through a rigorous selection process. It is the flagship programme of Seeding Labs, a US-based non-profit working to help scientists make discoveries that improve life and the planet. The information about our lab has been published in Seeding Lab's Blog under Scientist Success Stories on April 25, 2022, with the headline "Bacteria in Balance: Harnessing Microbiology for Better Dental Care in India." Access URLs to the same have been posted on social media platforms such as LinkedIn, Facebook, and Twitter.

PH.D. CONFERMENT



The 24th annual convocation of the Rajiv Gandhi University of Health Sciences was held at the NIMHANS convention centre in Bengaluru on April 30th, 2022. The Hon'ble Governor Shri Thawar Chand Gehlot conferred a Doctor of Philosophy (Ph.D.) in Oral Pathology and Microbiology to Dr. Deepa V. Babji. The Hon'ble Vice-Chancellor, RGUHS, Dr. M. K. Ramesh, presented the Ph.D. degree certificate. The research was on an oral cancer project titled "Detection and comparison of mutated DNA sequences in oral squamous cell carcinoma and apparently healthy individuals."

BEST PAPER AWARD

Dr. Nithin Kuriakose, a final year postgraduate student in the Department of Orthodontics and Dentofacial Orthopedics, won the best paper award for a session at the 25th IOS National PG Convention, held from April 28th to May 1st, 2022, at the AJ Institute of Dental Sciences, Mangalore. He had presented a scientific paper on "Orthodontic Management of a Patient with Stickler Syndrome."



NATIONAL INTER-DISCIPLINARY CLINICO-PATHOLOGICAL CONFERENCE

On May 25th, 2022, 11 postgraduate students from our institute participated in the National Inter-disciplinary Clinico-Pathological Conference (NICPC), organized by the School of Dental Sciences, KIMS, Deemed to be University, Karad. The conference provides a platform for the postgraduate students to present their clinical cases that have an interdisciplinary approach. Our postgraduates presented three scientific papers. A total of 7 colleges took part in the conference.

ICMR-SHORT TERM STUDENTSHIP

Three final-year undergraduate students from our institute, Mr. Viraj Nesargi, Ms. Rani Paragannavar, and Ms. Priyanka Benake, have been selected to conduct individual research projects under the Short-Term Studentship (STS)-2022 program by the Indian Council of Medical Research (ICMR). The students are being guided by Dr. Renuka Ammanagi, Dr. Sujata Byahatti, and Dr. Pallavi Gopeshetti. The students and guides were congratulated by Smt. Rajshree Nagaraju, President of Maratha Mandal Group, along with board members. Principal Dr. Ramakant Nayak and his team congratulated them as well. The students will conduct their research projects at our institute's Central Research Lab (CRL) under the direction of Dr. Kishore Bhat.



THE ANNUAL SPORTS MEET

The annual sports meet of the Institute was held from May 1st to May 7th, 2022. Badminton was held on May 1st at the District Badminton Association hall. The Inauguration of the annual sports event was held at our campus. The inauguration was graced by Principal Dr. Ramakant Nayak, Vice Principal Dr. Preethi Kusugal, Academic Incharge Dr. Veerendra Uppin, Administrative Incharge Dr. Pushpa P, Sports Incharge Dr. Sachin Shivanaiakar, and Student Sports Secretaries Mr. Aditya Dhamnekar, Mr. Sachin Balapannavar, and Ms. Keerthi Lenka. A march-past was held by all the four houses, and the house with the best march-past received points. Dr. Sachin Shivanaiakar welcomed the gathering, and the Principal, Dr. Ramakant Nayak, addressed the gathering. Inaugural sports were organized for the non-teaching and teaching staff of our institute. Indoor and outdoor sports were organized for the staff and students. For the very first time, under the floodlights, sports events were held on our campus. Athletics and cricket were held at the Good Shepherd Central School grounds. The valedictory and prize distribution were held on May 7th, 2022. All the winners were felicitated with medals and certificates. This year the general championship was bagged by Blue House.



FOUNDATION COURSE IN EDUCATIONAL METHODOLOGY

The Foundation Course in Educational Methodology (FCEM) was held online from May 16th to May 21st, 2022 on the Learning Management System (LMS) by the RGUHS Academic & Administrative Training Institute (RAATI) for all the teachers of the affiliated dental colleges. Our institute teaching staff attended the online training and received certificates on successful completion of the course.

ANNUAL CULTURAL WEEK - KALAVISHKAR

The Cultural Committee and Maverick's batch (III BDS) presented a fun-filled week of excitement and entertainment at our institute campus from May 17th to May 21st, 2022. The 17th of May began with the inauguration of the Art Club, an art exhibition, a theatre club, the institution's Instagram handle and Kalavishkar-the annual cultural week. Freshers' day programmes for 1st BDS and 2nd BDS were held on the 17th and 18th evenings, respectively. The 2nd BDS Freshers' was also held this year as it could not be held last year due to the pandemic. On all the 5 days, ramp walks for students, faculty, and non-teaching staff on different themes were organized. A Master and Miss Kalavishkar competition was also held on all five days. Various competitions like group and solo-duet dance, singing, folk dance, rangoli, mehndi, chef war, spell bee, saree draping, photography, treasure hunt, etc. were held to display the artistic and cultural skills of the students. The Annual Day celebration on May 21st began with the lighting of the lamp and the distribution of prizes. It was followed by cultural programmes. The day and cultural week concluded with the presentation of a rolling trophy to the "Artist of the Year," which is based on a student's best and most active participation in art, literary, cultural, and innovative activities. The general championship trophy this year was won by The Genezens-IV BDS batch.



PROSTHO STAR AWARD

On May 21st, 2022, Dr. Sasirekha K, Senior Lecturer, Department of Prosthodontics and Crown & Bridge, received the Prostho Star Award - 2021-2022 at the 8th Indian Prosthodontic Society, Karnataka State Conference, Bagalkote. The award was presented for her exemplary achievement in the field of prosthodontics in academic, as faculty, within five years of completion of postgraduate studies. She was congratulated by Smt. Rajshree Nagaraju, President, Maratha Mandal Group of Institutions, Belagavi, Principal, Teaching and Non-Teaching Staff members.



ASHA- AWARENESS ON SILENT HEART ATTACK PROGRAM

Our Institute and Zum Heilen Medivasz Private Limited, Thrissur, in association with Muthoottu Mini Financiers Ltd., had organized "ASHA-Awareness on Silent Heart Attack," a two-day program. On May 24th, 2022, it was for the teaching and non-teaching faculty at MMNGHIDS; and on May 25th, it was for the general public at the Late Nathajirao G. Halgekar Memorial Satellite Dental Clinic, PHC Kadoli. The tests conducted were Hb A1c by the finger prick method; a saliva test for inflammatory markers; and the Sudoscan test for autonomic dysfunction, to detect early cardiac and kidney involvement. A total of 150 participants were the beneficiaries of the above programme on the two days.

This programme was supported by Mrs. Rajashree Nagaraju, President of the Maratha Mandal Group of Institutions. The inauguration of the programme was held on May 24th, 2022, at MMNGHIDS. Dr. Ramakant Nayak, Principal, delivered the welcome address. Dr. Prashanth Varkey, Founder and Managing Director, Zum Heilen Medivasz Private Limited, gave an introductory talk on diabetes, its complications, and the benefits of early detection. Mr. Matthan Tharakan, Director of Muthoottu Mini Financiers Ltd., spoke on the link between lifestyle and diabetes. The two-day event was successfully conducted by the Department of Public Health Dentistry headed by Dr. Anuradha Bandiwadekar.



WORLD NO TOBACCO DAY

On the occasion of World No Tobacco Day, the Tobacco Cessation Cell from the Department of Oral Medicine and Radiology, in association with Public Health Dentistry, conducted an awareness programme and oral health checkup camp at Swadhar Kendra, a government organization, at Durgamatha Galli, Shahunagar, Belagavi. The programme started with a welcome address by Ms. Shailaza Kurbet, Incharge of Swadhar Kendra. Dr. Sujata Byahatti, Incharge, Tobacco Cessation Cell, Interns, Dr. Seema Talwar, and Dr. Vaibhavi Redekar gave an oral health talk in Kannada and Marathi about tobacco and its ill effects. The programme was concluded by Ms. Amruta, an assistant at Swadhar Kendra. Dr. Anuradha, Camp Incharge from the Public Health Dentistry Department, conducted oral health screenings with her team, including Dr. Anju Banu and Dr. Priyanka Gurav. A total of 20 patients were screened, and all the candidates were sensitised regarding the different types and forms of tobacco, how to quit tobacco, and the different measures available. Oral hygiene instructions were also given. Camp cards were distributed, which allow certain treatments at a concessional rate at our institute.



UNDERGRADUATE CONVENTION 2022

The Oral Medicine and Radiology Undergraduate Convention 2022 was organized by the Indian Academy of Oral Medicine and Radiology-Karnataka state branch, with the theme "Think, Research, Innovate-The Future is now." It was held at The Oxford Dental College, Bangalore on June 3rd and 4th, 2022. Dr. Sharyu Harbade and Dr. Seema Talwar, two interns from our institute, attended the program.

PG SYNOPSIS PRESENTATION

Our institute organized a dissertation synopsis presentation for the postgraduate students of the batch 2021-22 on the 4th of June 2022 in the presence of the Institutional Ethical Committee. Dr. Anjana Bagewadi (Chairperson), Dr. Sandeep S. Katti (Member Secretary), Mr. Vijay More (Social Worker), Adv. Umesh Yaradal (Lawyer), Dr. Anuradha (Biostatistician), along with other members of the committee, were present for the presentation. A total of 15 synopses were presented. Each synopsis presentation had an eight-minute time limit, with an additional two minutes allotted for suggestions and/or changes.



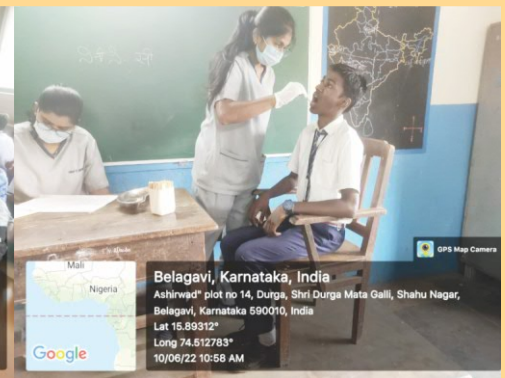
FELICITATION PROGRAMME

In the biennial elections held on June 3rd, 2022, Shri. Nagaraju Yadav was elected as a Member of the Legislative Council, Karnataka. Shri. Nagaraju Yadav is a Karnataka Pradesh Congress Committee (KPCC) spokesperson, a former chairman of the Bangalore Metropolitan Transport Corporation (BMTC), and a Maratha Mandal Group trust board member. The President of Maratha Mandal Group of Institutions, Smt. Rajshree Nagaraju, and the members of the Managing Committee congratulated him on his victory. The Principal, Dr. Ramakant Nayak, along with institute office bearers, attended a function honouring him on June 7, 2022, at the head office of Maratha Mandal, and extended their best wishes.



WORLD ENVIRONMENT DAY

The Department of Public Health Dentistry conducted a programme on the occasion of World Environment Day at Cantonment Board Marathi Medium High School, Belagavi on June 10th, 2022. Two saplings were planted as a part of the "Only One Earth" World Environment Day celebration. Additionally, a dental health checkup was conducted for 110 students, and environmental and health awareness lectures were delivered.



NATIONAL PUBLIC HEALTH DENTISTRY DAY

The Department of Public Health Dentistry celebrated National Public Health Dentistry Day on June 20th, 2022 in the Shivalaya Temple at Kumaraswamy Layout, Belagavi. Oral screening was done for 80 people. Oral health education was given and pamphlets were distributed. To commemorate this day, dental camps were conducted at Shaikh College of Education, Cantonment Board Marathi-medium High School, Government High School Kangrali, Shantai Vrudhashram, and Al-Ameen English & Urdu Medium High Schools in the month of June. In these camps, oral screening was done, and awareness regarding oral health was created among 710 people. In addition, in the department, various dental treatments were done for free or at concessional rates for 130 patients during the month of June.



INTERNATIONAL DAY OF YOGA

The NSS Unit, YRC Committee, and the Department of Periodontology organized an event on the occasion of the International Day of Yoga on June 21st, 2022. Dr. Sheetal Sanikop, a certified yoga trainer, was the resource person for the programme. The event began with an informative lecture on the holistic aspects of yoga by Dr. Sheetal Sanikop. It was followed by a yoga session in accordance with the Common Yoga Protocol (CYP) as provided by the Ministry of Ayush, in which more than 80 staff and students enthusiastically participated. Staff and students later visited the yoga room, which was newly renovated by the student members of the Art and Literary Club.



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