

Stride 2023 : Vol. 10 (2)

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An official newsletter of Maratha Mandal's N. G. Halgekar Institute of Dental Sciences & Research Centre, Belagavi.

ANNUAL CULTURAL WEEK

The Cultural Committee of our institute and Adroits batch (3rd BDS) presented a fun-filled week, "Mesmeria 2023," which was held from March 28th to April 1st, 2023. Fresher's Day was organized in the institute's auditorium on March 28th, 2023. On all five days, there was a ramp walk for students, faculty, and non-teaching staff on different themes. Various competitions were held to display the artistic and cultural skills of the students, like group dance, solo dance, folk dance, rangoli, photography, treasure hunt, makeup artist, t-shirt painting, etc.

On March 30th, 2023, a colourful and memorable cultural fest called Art Mela was organized at our premises. Students participated enthusiastically in the art exhibition and displayed their vivid artwork. The annual day celebration on April 1st began with the lighting of the lamp and prize distribution. It was followed by cultural programmes and the screening of a documentary film. The day and cultural week ended by presenting a rolling trophy to the "Artist of the Year" based on the student's best and maximum participation in art, literature, cultural, and innovative practices. In addition, the Interns-Genezens batch was announced as the winner of the general championship.





DEMYSTIFYING CAREER PATHWAYS



The Department of Periodontology conducted a CDE programme in hybrid mode on April 11th for the third and final year students, interns, and all postgraduate students of our institute in our auditorium. Dr. Tanvi Pangam, an alumna of our college who is pursuing her MS in Oral Health Sciences at Temple University in Philadelphia's Maurice Kornberg School of Dentistry, spoke on "Demystifying Career Pathways" in Dentistry in India and the USA and explained various career options in dentistry. It was followed by a Perio Alumni Meet, where the Perio alumni interacted with the department staff members and postgraduate students.

KARNATAKA GOVERNMENT'S STUDENT SCHEME

A total of five undergraduate and postgraduate students studying in our institute under the Government Quota with income below 5 lakhs were provided with free laptops under the Karnataka Government's SC/ST student's scheme.



WORLD HEALTH DAY



The Department of Public Health Dentistry celebrated World Health Day at St. Paul's Pre-University College, Belagavi. "Health for All," related to overall health combined with oral health, was presented. A health talk was given through PowerPoint to 40 college students. The PowerPoint presentation addressed topics regarding dental caries and maintaining oral hygiene. Along with it, a tooth-brushing technique was demonstrated for overall health.

STAFF ACHIEVEMENTS

Dr. Sujata Byahatti, Professor from the Department of Oral Medicine and Radiology, and Dr. Sheetal Sanikop, Professor from the Department of Periodontology, were invited as judges and to be a part of the Shri. B. M. Kankanawadi Ayurveda Medical College Annual Day celebrations literary event, held on April 18th, 2023. The events for judging were Youth Parliament, Shipwreck, and Extempore.





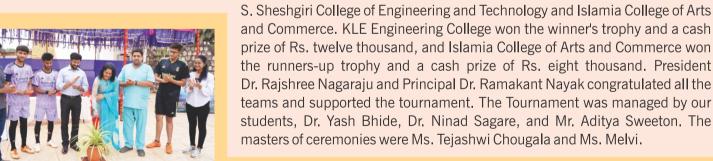
INFORMATION & COMMUNICATION TECHNOLOGY WORKSHOP

The Continuing Dental Education Cell and the IQAC Cell of our institute organized a two-day Information and Communication Technology (ICT) programme for the dental and medical teaching staff of our institute on April 24th and 25th, 2023. Dr. D. G. Kulkarni, Principal, and Mr. Anju A. Deshpande, Head of DTHL, from Maratha Mandal Engineering College, Belagavi, were the speakers for the programme. The programme began with the welcome address delivered by Dr. Vijaylakshmi Kotrashetti, followed by the lighting of the lamp. The speakers were introduced by Dr. Ramya Pai. Vote of thanks was delivered by Dr. Sandeep Katti. Dr. D. G. Kulkarni spoke about PowerPoint presentations and the different variables, and Anju Deshpande spoke about Microsoft and its products used in presentations. The staff was divided into two batches for the programme, which was conducted for over 16 hours. The programme ended with a valedictory function, followed by the distribution of the certificates.



ULTIMATE BATTLE SEASON 7

Our Institute organized the Ultimate Battle 5-a-side intercollegiate football tournament season 7 on April 28th and 29th, 2023, at our institute premises. A total of 21 Teams participated in the tournament. Our alumni, Dr. Tanay Borkar and Dr. Nikhil Harer, sponsored first place, and second place was sponsored by Manna Kitchen and Players Sportswear. Other sponsors for the tournament were V.N. Revankar Jewellers and Aniket Food Stall. The inauguration was done on April 28th by Vice Principal Dr. Preethi Kusugal, Sports Incharge Dr. Sachin Shivanaikar, and Dr. Zarir Ruttonji. Dr. Preethi Kusugal congratulated all the teams and wished them all the Best. The inauguration was done by watering the sapling and unveiling the trophy. The inaugural match was played between MMDC Team 1 and BIMS. The final was played between KLE's Dr. M.







CAREER OPTIONS IN LASER DENTISTRY

The Continuing Dental Education Cell and the IQAC Cell of our institute organized a one-day hybrid CDE programme on "Career Options in Laser Dentistry" for the staff, postgraduates, interns and undergraduate students of our institute on April 27th, 2023. Dr. Chandrashekar Yavagal, Professor and Head, Department of Laser Dentistry and Photo Medicine at our institute, was the speaker for the programme. The programme began with Dr. Devika, an intern, welcoming the gathering, followed by the lighting of the lamp. The speaker was introduced by Dr. Sachin Shivanaikar. Vote of thanks was delivered by Dr. Ramya Pai.



INJECT & IMPRESS

A CDE programme, "Inject and Impress," was conducted by the Department of Conservative Dentistry and Endodontics on April 29th, 2023, for interns, postgraduates, and clinical practitioners from various places. The Guest Speaker for the programme was Dr. Chandramouli, who is Manager, Marketing, Academics, and Scientific Affairs at GC India. The one-day programme commenced with an inaugural function and was followed by lectures, demonstrations, and hands-on training on extracted teeth. A total of 45 delegates attended the programme.



PG SYNOPSIS PRESENTATION

The Institutional Ethical Clearance Committee (IEC) of our institute organized thesis synopsis presentation for the postgraduate students of the batch 2022-23 on May 2nd and 3rd, 2023, in the presence of the Institutional



Ethical Committee members, Dr. Anjana Bagewadi (Chairman), Dr. Sandeep S. Katti (Member Secretary), Mr. Vijay More (Social Worker), Adv. Umesh Yaradal (Lawyer), Dr. Rekha (Biostatistician), Dr. Chetana Bogar, Dr. Vikram Pai, and Dr. Praveena T. A total of 20 synopses were presented. Each synopsis presentation had an eight-minute time limit, with an additional two minutes allotted for suggestions and/or changes.



COUNSELING SESSION

Dr. Apoorva Gudi, a Clinical Psychologist, conducted this year's first contact session for the first, second, and fourth-year BDS students on May 4th, 2023. The gathering was welcomed by Dr. Sujata Byahatti, Professor, Department of Oral Medicine and Radiology. The interactive session lasted for an hour, during which issues related to social media were discussed. The Vote of thanks was delivered by Dr. Sujata Byahatti. The session was graced by Administrative Incharge Dr. Pushpa P. and Dr. Sanjeevini Hattarki.



NATIONAL ORAL MEDICINE DAY

The Department of Oral Medicine and Radiology celebrated National Oral Medicine Day on May 4th, 2023. Dr. Sujata Byahatti, Professor, Department of Oral Medicine and Radiology, welcomed the gathering. To mark this day, a paper presentation competition on the topic "Oral Medicine and Radiology: A Key to Dentistry" was held, in which 18 interns participated. Dr. Tushar Bandiwadekar, Head of the Department of Oral and Maxillofacial Surgery, and Dr. Ramya Pai, Reader from the Department of Pedodontics and Preventive Dentistry, judged the competition. Dr. Pradeepta Sagare won



the first prize; Dr. Renu Ramchandani came in second; and Dr. Shefali Chougule came in third in the paper presentation competition. The top scorers in the subject of Oral Medicine and Radiology for the 2021-22 batch were felicitated with a certificate of achievement. Dr. Srusti S scored the highest, Dr. Reshma Poojary and Dr. Aishwarya More scored the second highest, and Dr. Vaishnavi Gavade and Dr. Priyanka Algood scored the third highest marks. The Vote of thanks was delivered by Dr. Prachi Katti. Vice Principal Dr. Preethi Kusugal, Academic Incharge Dr. Veerendra Uppin, and Administrative Incharge Dr. Pushpa P. attended the event.



ANTI-RAGGING SENSITIZATION PROGRAMME

The Anti-Ragging Committee of our institute conducted an anti-ragging sensitization programme on May 11th, 2023, in our auditorium. Dr. Rahul Hegde, an Executive Member of the Dental Council of India from Mumbai, was the chief guest and speaker for the programme. All undergraduate and postgraduate students, along with Anti-Ragging Committee

DENTAL SCIENCES & RESEARCH CENTRE BELGAUM

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members, the Anti-Ragging Squads, and Heads of all Departments, were present for the programme. Dr. Rahul Hegde spoke about how ragging is considered a criminal offence and the various measures taken by the Dental Council of India to safeguard and protect students from ragging. He was felicitated by our institute for being elected for the fourth time as the Executive Member of the Dental Council of India. He also visited the various Departments in the institute and highly appreciated the infrastructure of the department and the teaching faculty. A sapling was planted on campus by him to signify our institute's commitment to the future and desire to make a positive impact on the environment.





WORLD ENVIRONMENTAL DAY

The Department of Public Health Dentistry celebrated World Environmental Day on June 5th at Mannur, Belagavi, for farm workers. The theme for World Environment Day focused on solutions to plastic pollution under the campaign "Beat Plastic Pollution". Awareness was given regarding how to reduce the usage of electrical appliances, chemicals, and pesticides, maintain a healthy eco system, recycle waste products, and reduce carbon footprints. The people were educated about preserving the environment. Oral screening was done for 32 farm workers, and a sapling was planted. The student camp leader was Dr.Shefali, and the team members were Dr. Nandita Solapurkar, Dr. Eram Mujawar, Dr. Aditi Mundada, Dr. Fatima Shaikh, Dr. Namrata Pol, and Dr. Shivraj Patil. Dr. Rekha S.V. was the staff member in charge of the camp.



NATIONAL PUBLIC HEALTH DENTISTRY DAY

National Public Health Dentistry Day is celebrated on June 19th every year in India. The Department of Public Health Dentistry celebrated National Public Health Dentistry Day on June 19th, 2023, at Government Primary Kannada Medium School and Government Primary Urdu Medium School, Kadoli village. A programme was conducted for the schoolchildren to raise their awareness regarding the importance of oral health. First, a free dental checkup was done for all the children. After the checkup, they were enlightened about the importance of dental care, the effect of oral health on general health, and ways to improve oral health. A proper brushing technique demonstration was also done using a model. Around 191 children benefited from this awareness programme. Dr. Prachi Katti was the faculty member in charge of the programme. Dr. Ninad Sagare and Dr. Alfiya Toppinkatti were the student leaders, and Dr. Rutuja Patil, Dr. Richa Harmalkar, Dr. Zeba Hukkeri, and Dr.Monisha P. were the participating student members of the programme.





INTERNATIONAL YOGA DAY

International Yoga Day was celebrated on June 21st, 2023, in our institute. It was organized by the Department of Periodontology and the NSS Unit of our institute. The Yoga programme was conducted by Dr. Sheetal Sanikop, Professor,



Department of Periodontology, who is a Certified Yoga Trainer. The programme was scheduled from 7.30 to 8.30 a.m. It began with a talk on the topic "Yoga: An Overview" and ended with a yoga practice session. Dr. Sachita Naik introduced the speaker. The HOD of Periodontology, Dr. Aarti Nayak, and other staff were present for the programme. The undergraduate students, interns, and postgraduate students attended the yoga programme. The yoga practice session included yoga prayer, surya namaskar, standing asanas, sitting asanas, supine asanas, and pranayama.

PERIO MANORAM 2.0

The Department of Periodontology conducted a CDE programme, "Perio Manoram 2.0," on June 27th, 2023, at our institute's auditorium. The programme was conducted with the hope of equipping interns with knowledge of various treatment modalities that are practiced in Periodontology. Interns from our institute, KLE's VK Institute of Dental Sciences, Belagavi, and PM Nadagouda Memorial Dental College and Hospital, Bagalkot, participated in the event. Inauguration of the programme was done by the lighting of the lamp, following which Dr. Ramakant Nayak, Principal addressed the gathering. Dr. Aarati Nayak, Dr. Sheetal Sanikop, Dr. Sandeep Katti, Dr. Sachin Shivanaikar, and Dr. Sanjeevini Hattarki enlightened the audience on various topics as per the schedule. Vote of thanks was conveyed by Dr. Minal Manolkar. The master of ceremony was Dr. Sachita Naik. Tea and snacks were organised during the break. The participants were given E-certificates. The Karnataka State Dental Council awarded the programme two credit points.





OLD AGE HOME - FREE DENTURE CAMP



The Department of Prosthodontics Crown and Bridge has taken up a social initiative to provide free complete dentures to the geriatric population at old age homes across Belagavi district. On June 19th, 2023, staff Dr. Zarir Ruttonji and Dr. Rekha, along with PG students Dr. Swarali Chavan, Dr. Divya S, Dr. Somesh P, and Dr. Joseph Thomas, and intern Dr. Simran, visited a second old age home, Lomax Jesus Cares old age home. A total of 15 inmates were examined, out of whom 4 required new complete dentures. These patients will be provided with a free denture, and the treatment will be carried out at the old age home. For the benefit of the patients, complete dentures will be fabricated at the old age home only.



VOTERS REGISTRATION SENSITIZATION PROGRAMME

As per the university guidelines, a sensitization programme was organized by the institute on April 8th, 2023, to create awareness for voter registration. All the undergraduate and postgraduate students were introduced to an App called Voters Helpline, through which they were encouraged to register themselves. Dr. Vijaylakshmi Kotrashetti, Professor and Head, Department of Oral and Maxillofacial Pathology, briefed the students regarding the importance of voting and encouraged them to register themselves through the App. Principal, Dr. Ramakant Nayak, and Dr. Aarti Nayak, Professor and Head, Department of Periodontology, were present during the awareness programme.





SEED BALL MAKING WORKSHOP

On occasion of "World Environment Day", the NSS and YRC wings of our institute organized a "Seed Ball" making workshop at KLE International School, Belagavi, on June 6th, 2023. Dr. Ramya Pai, Incharge NSS Unit, and Dr. Umesh Bhosle, Incharge Youth Red Cross Unit, from our institute, were the resource persons, and Mrs. Dipti Ingey, Principal of KLE

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International School, Belagavi, welcomed them. Later, Dr. Ramya Pai delivered an interactive lecture on the significance of indigenous Indian trees and plants and the importance of reforestation in the Western Ghats. Dr. Umesh Bhosle provided a live demonstration of how to make a seed ball because it is one of the easiest and most convenient methods for reforestation. Later, students got hands-on experience with seed ball making. The event was attended by 72 enthusiastic students of the 8th and 9th standard of the school.



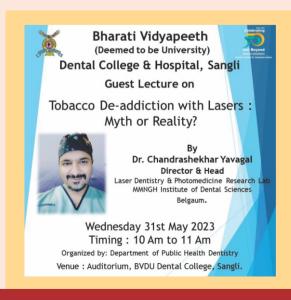


MASTERSOFT SOFTWARE TRAINING

A training on MasterSoft Cloud, a library management system that helps to effectively manage, track, and perform daily library operations with ease, was conducted online on June 21st for our library staff. This system completely automates all the library's activities. It helps to maintain the database of new books and the books that are borrowed by members, along with their due dates.

GUEST LECTURE

Dr. Chandrashekhar Yavagal, Director and Head, Laser Dentistry & Photomedicine Research Lab of our institute, was invited as a guest lecturer to Bharati Vidyapeeth Dental College and Hospital, Sangli, on May 31st, 2023. He spoke on the myths and realities of tobacco de-addiction with lasers.





STUDENT ACHIEVEMENTS

Student volunteers of the NSS unit of our institute, Ms. Sahana Katti, Ms. Vishwaja Naik, and Ms. Keerti Lenka, won the first prize in an online education reel-making competition held on the occasion of World Earth Day at Maratha Mandal Polytechnic College in association with RecyclEarth Foundation, an NGO, on April 29th.





DANTA BHAGYA YOJANE

Danta Bhagya Yojane is a unique flagship scheme under the Department of Health and Family Welfare, Govt. of Karnataka, where patients aged 45 and above with a valid BPL card are eligible to get a free complete denture and removable partial denture. Our institute is identified by the government of Karnataka as one of the centers for this scheme. In the month of June 2023, the Department of Prosthodontics Crown and Bridge successfully delivered 11 complete dentures and 2 partial dentures.

INTELLECTUAL PROPERTY PATENT

Dr. Sheetal Sanikop, Professor, Department of Periodontology, Alumna, Dr. Abhilasha Jha, and Dr. Malleshwara Rao Pharmacologist received a patent certificate (Patent No. 435835) from the Patent Office, Government of India, for an inventive research work titled "An in-situ gel formulation comprising Carica Papaya extracts for use in treatment of chronic periodontitis and method of synthesizing the same'. The patent has been granted on June 27th, 2023, for a term of 20 years from May 13th, 2022, in accordance with the provisions of the Patents Act, 1970.





CAMPS & NUMBER OF PATIENTS EXAMINED FROM JANUARY 2020 TO MARCH 2020

Month	Jan-20	Feb-20	Mar-20	
No. of Camps	11	12	03	Total No. of Camps : 26
No. of Patients	942	267	51	Total No. of Patients : 1260

CAMPS & NUMBER OF PATIENTS EXAMINED IN MARCH 2021 AND APRIL 2021

Month	Mar-21	Apr-21	
No. of Camps	02	01	Total No. of Camps : 03
No. of Patients	200	21	Total No. of Patients : 221

CAMPS & NUMBER OF PATIENTS EXAMINED FROM FEBRUARY 2022 TO DECEMBER 2022

Month	Feb-22	Mar-22	Apr-22	May-22	June-22	July-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22
No. of Camps	01	07	05	04	07	05	06	03	02	07	06
No. of Patients	198	782	325	312	735	262	1457	263	336	610	641

Total No. of Camps: 53

Total No. of Patients: 5921

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