



An official newsletter of Maratha Mandal's N. G. Halgekar Institute of Dental Sciences & Research Centre, Belagavi.

### BLOOD DONATION CAMP

On the occasion of Maratha Mandal's 92nd Foundation Day, the Department of Oral Pathology & Microbiology, the Department of Oral and Maxillofacial Surgery, the NSS Unit, and the Youth Red Cross Wing of the Institute organized a voluntary blood donation camp in collaboration with Mahaveer Blood Bank, Belagavi, on January 3, 2023. Principal

Dr. Ramakant Nayak, Vice Principal Dr. Preethi Kusugal, Dr. Yelaburgi, the Medical Officer and his team, HOD Department of Oral Pathology Dr. Vijayalakshmi Kotrashetti, HOD Department of Oral and Maxillofacial Surgery Dr. Tushar B, YRC Incharge Dr. Umesh Bhosle, Dr. Ramya Pai, and YRC student volunteers graced the occasion. The event was inaugurated by the lighting of the lamp. Dr. Yelaburgi spoke on the importance of blood donation. Vote of thanks was delivered by Dr. Deepa Katgalkar. A total of 63 volunteers donated their blood, making the event successful.



### ALUMNI NEWS



Dr. Kinjal Mavani, an alumna of our institute who secured her MDS degree in the field of Orthodontics and Dentofacial Orthopedics in the year 2016, has been accepted for the DDS programme in the School of Dentistry at the University of Michigan, Ann Arbor, for the academic year 2023. The University of Michigan School of Dentistry is ranked first among all dental schools in the United States.

Dr. Tanvi Pangam, another alumna of our institute, received her MDS degree in Periodontology in 2018. In the year 2022, she was accepted into the MS Oral Health Sciences (Clinical Internship Track) programme at the Maurice Kornberg School of Dentistry, Temple

University, Philadelphia, Pennsylvania, which, as the second-oldest dental school in the U.S., upholds a legacy of innovation in dental education, research efforts, community service, and pioneering healthcare services.



## ORIENTATION PROGRAMME & BRIDGE COURSE

The orientation programme for first year BDS students (Freshers batch of 2022-23) was held on January 2nd in our institute's auditorium. Introductory remarks and overview of Maratha Mandal and our institute were given by Principal Dr. Ramakant Nayak. Vice Principal Dr. Preethi Kusugal introduced council members of our institute. Dr. Veerendra Uppin, Academic Incharge gave an orientation to the BDS course. Dr. Pushpa P., the Administrative Incharge, spoke on the rules and regulations of the institution. Dr. Tushar Bandiwadekar, Examination Committee Incharge, briefed on the examination scheme. Dr. Sanjeevini Hattarki, Anti-Ragging Incharge, spoke about anti-ragging measures taken by the institute. Dr. Vijayalakshmi K., NAAC Incharge, briefed about NAAC. The Bridge Course for first year BDS students (Freshers batch 2022-23) was held from January 3rd to 5th in the institute's auditorium. Twelve speakers spoke on various topics during these three days. Speakers for the Bridge Course were Dr. Prakash Diwan, Dr. Sheetal Sanikop, Dr. Chetan Patil, Dr. Sachin Shivanaikar, Dr. Preeti Kusugal, Dr. Sindhu Naik, Dr. Sai Chandani, Dr. Prachi Katti, Dr. Rutushree T., Dr. Mritunjay N., Dr. Rekha S. V., and Dr. Umesh Bhosale.



## CONVOCATION

Convocation of graduating students of the 2017-2022 batch was held on January 13th, 2023, at our institution's campus. The chief guest of the function was Dr. Subarna Roy, Director, ICMR-NITM, Belagavi. Guest of Honour was Shri. Nagaraju Yadav, MLC, Government of Karnataka. Principal Dr. Ramakant Nayak welcomed the gathering. Vice Principal, Dr. Preethi Kusugal, presented the annual report and highlighted all the activities carried out throughout the year. Dr. Abhijit Patil introduced the chief guest. The oath-taking ceremony for the graduating students was conducted by Administrative Incharge Dr. Pushpa Pudkalkatti. Dr. Veerendra Uppin, Academic Incharge also graced the occasion. Mementos and certificates were handed over to 26 graduating students by the dignitaries. Chief guest Dr. Subarna Roy spoke on the ICMR research activities for students and enlightened the students on the importance of research and its application in solving real-life challenges. He encouraged the students to involve themselves in clinical research activities and contribute to a better future for the nation. Dr. Rajshree Nagaraju, President, Maratha Mandal Group of Institutions, conveyed to the graduating students the three mantras to be successful in life and asked them to update themselves in digital dentistry. She wished all graduating students a bright future and told them to take care of their parents, have gratitude towards God, and







stay connected with the institute. Guest of Honour, Shri Nagaraju Yadav, spoke on ethics, social responsibilities, and the contributions of health care workers in building a strong nation. He urged the students to do their duties and take an active part in building a strong nation, as the future lies in the hands of youth. The Best Outgoing Student award was shared between Dr. Rucha Mutalik and Dr. Athmesh Shetye for their overall performance throughout their five-year graduation course. Dr. Rucha Mutalik also bagged the Academic Topper Award for securing the highest marks in all the years of BDS university examinations. The vote of thanks was delivered by Dr. Sai Chandini. The event was hosted by Dr. Viplavi Patil and Dr. Deepali Gurav, and it was organized by Dr. Zarir Ruttonji and Dr. Sachin Shivanaikar.

## PROSTHODONTIST DAY

The Department of Prosthodontics and Crown and Bridge celebrated Prosthodontist Day on January 21st. On this occasion, various events were organized, like face painting, Best out of waste, Instareels with the theme "Recreate, Restore, Rehab," and a quiz competition related to prosthodontics for the undergraduate students and interns of our institute. Winners in each category were awarded certificates.





## 13TH NATIONAL VOTERS' DAY

As part of the National Voters' Day celebration, the Youth Red Cross Wing of our institute organized a Voters' Pledge-taking session. National Voters' Day is observed every year on January 25, which marks the foundation day of the Election Commission of India. "NOTHING LIKE VOTING, I VOTE FOR SURE" is the theme for this year. Principal Dr. Ramakant



Nayak, Vice Principal Dr. Preethi Kusugal, Administrative Incharge Dr. Pushpa P, Academic Incharge Dr. Veerendra Uppin, and Youth Red Cross Incharge Dr. Umesh Bhosle attended the event. A student volunteer, Mr. Neilvishwas Dhanwade, spoke on the importance of voting and encouraged citizens to vote regardless of their age, gender, ethnicity, or other characteristics. This was followed by a Voters' Pledge-Taking Session led by Ms. Sahana Katti, which was attended by all undergraduate and postgraduate students, as well as teaching and non-teaching staff of the Institute.

## REPUBLIC DAY 26TH JANUARY 2023

Republic Day was celebrated at our institute on January 26th, 2023. The function's chief guest was Shri. Laxmanrao Sainuche, managing committee member, Maratha Mandal Group of Institutions, Belagavi. Principal Dr. Ramakant Nayak, Vice Principal Dr. Preethi Kusugal, Administrative Incharge Dr. Pushpa Pudakalkatti, Academic Incharge Dr. Veerendra Uppin, and Sports Incharge Dr. Sachin Shivanaikar were the dignitaries on the dais. The Chief Guest, Shri. Laxmanrao Sainuche, unfurled the National Flag. Mr. Aditya Dhamnekar from final year BDS gave the command, and Ms. Smitha K. and Ms. Tejasvi Chougala from third year BDS delivered a speech in Kannada and Hindi, respectively. Dr. Sachin Shivanaikar, Sports Incharge, addressed the audience. Members of the Student Council who had just been elected were also introduced. Interns Ms. Priyanka Benake and Ms. Pradipta Sagare were the masters of ceremonies. Teaching staff, non-teaching staff, and UGs and PGs participated in the celebration. Breakfast was arranged for everyone after the function.





## THE YOUNIQUE YOU

The Department of Periodontology conducted a power-packed, fun-filled two-day programme on January 30th and 31st for 1st and 2nd year BDS students on "Leadership and Life Skills"-THE YOUNIQUE YOU. The facilitator for the programme, Dr. Aarati Nayak, enlightened them with various sessions on analytical thinking, communication skills, confidence building, motivation, and time management through group activities, public speaking, and group discussions. It encouraged a competitive spirit among the participants. The enthusiastic participants identified their problems, analyzed them using the techniques taught, and found solutions to the problems through fun activities. The role of communication skills in life was emphasized through the use of appropriate phonation, pace of speech, listening, and understanding. Participants were encouraged to have group discussions in pursuit of increasing their self-confidence and overcoming their low self-esteem. They demonstrated their vision of their future selves via a chart-paper activity. They rejuvenated themselves through a visioning exercise, a meditation session, and group activities. The importance of time management and different approaches to efficiently and effectively distributing time for urgent and important activities were conveyed to the participants. They expressed their moods at the end of all the sessions through an emoji activity. In the valedictory session, the participants expressed that they were infused with confidence and realized the significance of teamwork, communication skills, and time management. The workshop was awarded 12 CDE points by the Karnataka State Dental Council.





## GUEST SPEAKER

Dr. Neeta Deshpande, Prof. & Head Department of General Medicine, delivered a guest lecture at the 78th Annual Conference of the Association of Physicians of India (APICON2023) held from January 26th-29th, at the Mahatma Mandir Convention & Exhibition Centre, Gandhinagar, Gujarat, where she was an invited faculty member for a workshop on obesity along with other accomplished speakers.



## BASIC LIFE SUPPORT WORKSHOP

The Department of Oral and Maxillofacial Surgery conducted a two-day workshop on Basic Life Support (BLS) on February 2nd and 3rd. The programme provided extensive training on BLS, covering all its intricate aspects. A total of 38 students underwent hands-on training. The course was mentored by Dr. Tushar Bandiwadekar, Professor and Head of the Department of Oral and Maxillofacial Surgery, and the department staff, Dr. Santosh Dindawar, Dr. Sangeeta Bhandari, and Dr. Digvijay Togale.



## STAFF PRESENTATION

Dr. Sujata Byahatti, Professor from the Department of Oral Medicine & Radiology, presented an online poster titled "DENTRONICS" at the National Symposium on Forensic Odontology & Disaster Victim Identification, held at Mathrusri Ramabai Ambedkar Dental College & Hospital, Bengaluru, on February 3rd & 4th.





## E WASTE AWARENESS

The NSS unit and Youth Red Cross Wing of our institute organised an e-waste awareness session by Mr. Nayan S. Momaya, Chief Recycling Officer, RecyclEarth Foundation (Section 8 NGO), on February 8th. The session was an extension of the MOU signed between our institute and the NGO. The inaugural ceremony began with a welcome address by Dr. Ramya Pai, NSS Incharge. Principal Dr. Ramakant Nayak presented the resource person, Mr. Nayan Momaya, with a token of appreciation. It was followed by an interactive session on raising awareness about e-waste, its effect on the environment, and public health. Mr. Momaya stressed the importance of scientific and sustainable management of e-waste that is generated at institutes and also at the individual level. Also gave an insight into government-recognised centres where e-waste can be deposited. Dr. Kishor Kumar delivered the vote of thanks. The event was actively and zealously attended by 75 undergraduate students of our institute.



## WORLD CANCER DAY PROGRAMME

The Department of Oral Medicine and Radiology, in association with the Tobacco Cessation Cell, the NSS unit, and the Youth Red Cross Wing of our institute, conducted a cancer prevention awareness rally at the APMC Market premises to mark World Cancer Day. Principal, Dr. Ramakant Nayak, and Tobacco Cessation Cell Incharge, Dr. Sujata Byahatti, flagged off the rally at the institute premise with words of appreciation and encouragement. Final BDS students enthusiastically and actively participated in the rally, carrying banners and raising slogans regarding cancer to raise public awareness. Dr. Praveena Tantradi, Professor, Department of Oral Medicine and Radiology; Dr. Ramya Pai, Incharge NSS Unit; Dr. Prachi Katti; and Dr. Kishore Kumar, committee members of the Youth Red Cross Wing, also took an active part in the rally. In addition, on the same day, cancer awareness talks were delivered at the institute premise in the Department of Oral Medicine & Radiology to the patients visiting the institute by interns Dr. Fatima Shaikh, Dr. Shivraj Patil, and Dr. Shrikant Pujeri in English, Hindi, and Kannada.





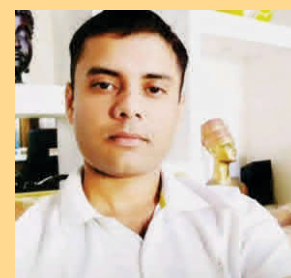
## MUSICAL NIGHT

A musical night was arranged for the students and staff members of our institute on February 11th, from 6.30 p.m. to 9.00 p.m. on the institute campus. The musical night was organized as an extra-circular activity so that the students could take a break from the busy schedule.



## ALUMNUS CONDOLENCE MEET

An alumnus of our college, Major Dr. Nilesh Singh, batch of 2008-13, departed for his heavenly abode on February 6th, 2023. On February 11th, a condolence meeting was held in our institute's auditorium to pay respects to the departed soul. He was working in the army in Pathankot and passed away due to a heart attack while on duty. His last rites were performed with military honors at Muktidham, Shankarghat in Ambikapur city.



## INTERNATIONAL ORAL AND MAXILLOFACIAL SURGERY DAY

The Department of Oral and Maxillofacial Surgery celebrated International Oral and Maxillofacial Surgery Day on February 13th. The programme focused on this year's theme of "Facial Trauma." The programme was inaugurated by the Principal, Dr. Ramakant Nayak. Dr. Tushar Bandiwadekar, Head of the Department of Oral and Maxillofacial Surgery, spoke on the history of oral and maxillofacial surgery. The principal highlighted the importance of road safety among college students. A presentation was given by Dr. Tushar Bandiwadekar and Dr. Santosh Dindawar on the experience of the Department of Oral and Maxillofacial Surgery in the surgical management of various diseases and disorders with emphasis on craniofacial trauma.

On this occasion, the department also organized scientific presentations and a quiz competition for the students. These events were managed by Dr. Sangeeta Bhandari, Dr. Digvijay Togale, and Dr. Deepali Gurav. The prize for the best poster was won by Mr. Neil Dhanawade and Ms. Sahana Katti. The team comprising Ms. Akshata Thorat, Ms. Shreya Pawar, Mr. Vijay Irkal, and Mr. Aditya Dhamanekar won the quiz. The valedictory speech was given by Dr. Sangeeta Bhandari.





## NATIONAL WOMEN'S DAY

On the occasion of National Women's Day, the Women's Grievance Cell / Gender Sensitivity Cell of the institute organized two guest talks and a mime competition. The programme started with the inauguration, wherein the lighting of the lamp was done by Dr. Ramakant Nayak, Principal of the Institute, Guest Speakers Dr. Jyoti Nagamoti and Mrs. Chetana Sarang, Administrative Incharge Dr. Pushpa, Academic Incharge Dr. Veerendra Uppin and Women's Cell Incharge Dr. Sheetal Sanikop. The welcome address was given by Dr. Sheetal Sanikop, Professor. She highlighted the hard work, talent, and enthusiasm of the students of the institute for involving themselves in the making of the handmade flowers, posters, artwork, power point presentation, video, and participation in the mime competition. Dr. Jyoti Nagamoti, Professor, Department of Microbiology, JNMC, Belagavi, spoke on empowering women in the digital era. Mrs. Chetana Sarang, Founder and CEO, Dattamsh Edtech LLP, Belagavi, spoke on reducing gender stereotypes to aid responsible artificial intelligence. Following the two guest talks, the Mime competition was held with the theme "DigitALL Innovation and Technology for Gender Equality," in which the undergraduates from the first, third, and final years and interns participated. They put up an excellent show. The audience was made up of undergraduate and postgraduate students and staff members. The first prize was bagged by the third-year students, and the second prize was bagged by interns. The certificates were distributed to all the winners. The programme ended with a vote of thanks by our student Cultural Secretary, Ms. Mehal Angane.



## YOUNG MINDS, YOUNG SCIENTISTS

The Ethical Committee and CDE cell of our institute organized a workshop, "Young Minds, Young Scientists," for sensitizing undergraduate students about research on February 17th. The resource persons for the workshop were Dr. Sumankumar Ray, PhD, Molecular Biology, and Dr. Rekha S.V. MDS, Public Health Dentistry. The workshop was inaugurated by Principal Dr. Ramakant Nayak, Vice Principal Dr. Preethi Kusugal, Head of the Department of Oral Pathology and Microbiology Dr. Vijayalakshmi Kotttrashetti, and Ethical Committee Incharge Dr. Sandeep Katti. The workshop began with a session by Dr. Rekha S.V., who elaborated on the fundamentals of various types of research and how to take up and proceed with research topics. The second session began with an interactive talk by Dr. Sumankumar Ray, who spoke on the dos and don'ts of research and what a student can achieve by taking up research projects. The workshop was aimed at sensitizing young minds about research domains so as to create interest and encourage them to pursue careers in the field of research.





## STUDENTS ACHIEVEMENTS



The Indian Society of Dental Research held its 33rd Annual Conference in New Delhi from February 17th-19th, 2023. Three undergraduates from our institute actively participated in the UG Scientific Paper Presentation. Ms. Rani Paragannavar presented a paper on "Evaluation of antioxidant and anti-cancer activity of Ajwain extract on oral cancer lines: an in vitro study." Ms. Priyanka Benake presented a paper on "The comparative evaluation of anti-microbial effect, anti-biofilm effect, and quorum sensing inhibition of *Clitoria ternatea* and chlorhexidine on *Streptococcus mutans*," and Mr. Viraj Nesargi presented a paper on "The assessment of cotinine levels in saliva among smokers and non-smokers in Belagavi city: a short study." Ms. Rani P secured the Best Paper Presentation Award, and Ms. Priyanka Benake secured third place for the same.



## NATIONAL PERIODONTIST DAY

The Department of Periodontology celebrated National Periodontist Day on February 23rd, marking the registration of the Indian Society of Periodontology. The theme for this day was Healthy Gums-Healthy Body. On this occasion, Dr. Pushpa P., Professor, Department of Periodontology, delivered a radio talk on Venudhwani on the above theme. The broadcast of the same was aired on Venudhwani 90.4 FM at 9:30 am on February 23rd.

## MAGNODONTICS

The Department of Conservative Dentistry and Endodontics organized a two-day workshop "Magnodontics" on dental operating microscopes and dental loupes that provided a wonderful learning experience on February 24th and 25th. The day commenced with the inauguration of the programme by the chief guest, Dr. Narasimhan Bharadwaj, Professor at the Department of Conservative Dentistry and Endodontics, Saveetha Dental College, Chennai, the guest of honour, President Maratha Mandal Group of Institutions, Dr. Rajshree Nagaraju, the Principal, Dr. Ramakant Nayak, and all the other dignitaries. Dr. Madhu Pujar, HOD, welcomed the gathering. Dr. Rajshree Nagaraju appreciated team endodontics for a good initiative programme in magnification. President Dr. Rajshree Nagaraju, along with other dignitaries, inaugurated the Microscope and Endo Surgery room. Dr. Narasimhan Bharadwaj provided a plethora of knowledge regarding dental operating microscopes. The programme was supported by Carl Zeiss Pvt Ltd., India, and Dentsply Sirona Pvt. Ltd., India. The lectures, demonstrations, and hands-on programme on the basics of the dental operating microscope and dental loupes for root canal treatment wrapped up on the first day. His few clinical suggestions gave the delegates a fresh perspective on endodontics. The second day's topics were retreatment and perforation repair using a dental operating microscope and loupes. Frequent clinical challenges were addressed and made intelligible by simplifying them and encouraging the delegates to adapt to a different perspective where the microscope plays a crucial role.







## NATIONAL ORAL PATHOLOGIST DAY

The Department of Oral Pathology and Microbiology of our institute celebrated National Oral Pathologist Day to mark the birth anniversary of Dr. H.M. Dholakia on February 25th. On this occasion, a 3D model competition on oral lesions and a meme on dental educational videos were organized for undergraduate students. The programme commenced with an inauguration ceremony. Dr. Vijayalakshmi Kotrashetti welcomed the gathering. A small video of Dr. H. M. Dholakia was played. Ms. Vaishnavi Mane and Mr. Neil Vishwas Dhanwade were felicitated for scoring the highest marks in the subjects of Dental Anatomy, Embryology & Oral Histology and Oral Pathology & Oral Microbiology, respectively. Also, for the entire month of February, the department offered a 50% discount on laboratory charges for blood investigations for the benefit of patients visiting the institute. A total of eight groups participated in the meme competition, and 10 groups participated in the 3D model competition. Dr. Ramakant Nayak, Principal, appreciated the efforts put in by students for the competition. Prizes were distributed for the winners in the 3D model competition and meme video competition. A vote of thanks was delivered by Dr. Ruthushree Theresa.

The winners of the meme competition are :

1st place : I BDS : Ms. Laafiza, Ms. Amana, Mr. Bhargav, and Mr. Gajanan

2nd place : III BDS : Mr. Pavan, Mr. Rohit, Mr. Balraj, and Mr. Kirtan

The winners of the 3D model competition are :

1st place : IV BDS : Mr. Neilvishwas, Mr. Sachin, and Mr. Vijay

2nd Place : III BDS : Ms. Sneha, Ms. Vedika, Mr. Aditya P., and Ms. Sandhya

3rd Place : II BDS : Ms. Vaishnavi, Ms. Greeshma, and Ms. Manjula





## HBV VACCINATION



A HBV vaccination booster dose for staff and students was organized at the Department of Oral and Maxillofacial Surgery by Dr. Shivanand Pattan from the Department of Physiology on February 25th. The genetically engineered Hepatitis B vaccine (rDNA), GeneVac-B®, was administered. The opportunity was availed of by a total of 66 staff members and students.

## TOBACCO CESSATION CELL ORIENTATION PROGRAMME

Tobacco Cessation Cell in association with the Department of Oral Medicine and Radiology conducted a one-hour orientation programme for third-year BDS on February 14th and final-year BDS on February 27th, wherein Dr. Sujata Byahatti, Incharge Tobacco Cessation Cell, spoke on "Deaddict the Addict." A debate competition was held for final year BDS students on the topic "Tobacco quitting apps: a boon or bane?" A total of 12 students participated in the debate. They were divided into two groups. One group spoke on tobacco quitting apps as a boon and another on tobacco quitting apps as a bane. The group that promoted tobacco-quitting apps as a boon won the competition. The winning group included Mr. Akash Kabadgi, Ms. Ishrat Peerzade, Ms. Lenka Keerthi, Ms. Sahana Sannakki, Ms. Sahana Katti, Mr. Santoshkumar, and Ms. Samruddhi Nimbalkar. Dr. Siddharth Revankar and Dr. Mrityunjay Navalgund were the judges for the competition.



## ARTIFICIAL INTELLIGENCE - THE FUTURE IS NOW

The Department of Orthodontics and Dentofacial Orthopedics, in association with the Library Committee and CDE cell of our institute, conducted a CDE programme on March 1st on "Artificial Intelligence: The Future is Now." Dr. Rajshree Nagaraju, President, Maratha Mandal Group of Institutions, sent her best wishes for the programme. The programme commenced with the inauguration ceremony. Dr. Vikram Pai welcomed the august gathering and gave a brief introduction about artificial intelligence. The ceremonial lighting of the lamp was done by Dr. Ramakant Nayak, Principal, Dr. Ameet Revankar, Professor, Department of Orthodontics and Dentofacial Orthopedics, SDM College of Dental Sciences and Hospital, Dharwad, Dr. Vijay Naik, HOD, and other staff members from the Department of Orthodontics. A brief introduction of the resource person was given by Dr. Siddharth Revankar. Dr. Ameet Revankar spoke on the application of artificial intelligence in research and clinical dentistry. The programme was attended by more than 80 delegates, including staff, postgraduates, and interns from our institute. The CDE programme was awarded 3 credit points by the Karnataka State Dental Council.





## CONS & ENDO DAY

The Department of Conservative Dentistry and Endodontics observed Cons-Endo Day on March 4th. As a part of the celebration, a sketching and painting competition was organized on the topic of "Caries as You See." PG and UG students participated in this competition and showcased their art and talent; it was indeed a very fruitful event. The programme started with an inauguration, followed by prize distribution. Principal Dr. Ramakant Nayak, Vice-Principal Dr. Preethi Kusugal, and HODs of all the departments were invited to the department for the inauguration of the new RVG installed in the department, followed by a cake-cutting ceremony by all postgraduate graduates and staff members.



## INTERNATIONAL WOMEN'S DAY CELEBRATION

On the occasion of International Women's Day, the Women's Grievance Cell of our institute organised the donation of sanitary pads to the students at the Deaf and Dumb Government School, Government of Karnataka, Belagavi. Women's Grievance Cell Incharge Dr. Sheetal Sanikop and members of the cell, Dr. Vijayalakshmi Kotrashetti and Dr. Preeti Ingaldi, distributed 200 sanitary packs containing six pads each to around 50 teenage girls at the school. The programme started with an inauguration, wherein the teachers' gave an explanation in sign language about the dos and don'ts of using a sanitary napkin, followed by the distribution of the sanitary packets to the teenage girls. The programme concluded with a vote of thanks by Mr. S. B. Patil, co-in charge of the school. Additionally, our institute also facilitated the installation of sanitary napkin disposal incinerators at their campus. The in-charges of the Deaf and Dumb Government School, staff, and students of the school acknowledged this kind gesture from our institution.



## STUDENTS ACHIEVEMENT

Ten postgraduates from the Department of Conservative Dentistry and Endodontics attended the 23rd IACDE National PG Convention held at Kolhapur, Maharashtra, and hosted by Vasant dada Patil Dental College and Hospital, Sangli, from March 17th-19th. They presented five e-posters during the convention. Postgraduates Dr. Sameer Sait and Dr. Navami B.S. bagged the second prize of the session for their e-poster presentation on the topic "Intricacies of Dental Loupes and Microscopes: Mastering Magnification".





## ANNUAL SPORTS - AAROHAH 2023

The Annual Sports Meet "Aarohan-2023" was held from March 3rd to 11th. The Inauguration of the Sports Meet was held at our campus and was graced by Principal Dr. Ramakant Nayak, Vice Principal Dr. Preethi Kusugal, Academic Incharge Dr. Veerendra Uppin, Sports Incharge Dr. Sachin Shivanaikar, Sports Instructor Mr. Mahesh Bhajantri, and student Sports Secretaries Mr. Aditya Sweeton, Mr. Balraj Kaparatti, and Ms. Sneha Suryawanshi. March past was held by all four houses. The White House received 100 points for being the best march past team. Dr. Sachin Shivanaikar welcomed the gathering, and Principal Dr. Ramakant Nayak addressed the gathering. Inaugural sports were organized for the non-teaching and teaching staff of our institute. Indoor and outdoor sports were organized for the staff (teaching and non-teaching) and students. Badminton was held on March 5th at the District Badminton Association Hall, and athletics and cricket were held at C.P.Ed ground on March 9th and 10th. Valedictory and prize distribution were held on March 11 at the institute's auditorium. All the winners were felicitated with medals and certificates. This year, the general championship was bagged by the White House.





## LEGAL IMPLICATIONS AND DENTAL PRACTICE

The Department of Periodontology, on March 20th conducted a CDE program on "Legal Implications and Dental Practice". The speaker was Dr. Sachin Shivanaikar, Professor, Department of Periodontology. He spoke about the legal aspects of dental practice and highlighted many sections of medical law. The audience comprised of students and staff members.



## WORLD ORAL HEALTH DAY

The World Oral Health Day 2023 was celebrated on March 23rd by the Department of Public Health Dentistry at Rani Chennamma College of Pharmacy, Belagavi. A health talk was given related to their oral health issues to 189 students regarding dental caries, and maintaining oral hygiene. Along with this, tooth brushing was demonstrated for the overall health. Handmade campaign frames were used to raise awareness about BE PROUD OF YOUR MOUTH.



## SHARING IS CARING

Our institution undertakes various social activities throughout the year, of which "SHARING is CARING" is an event that is organized every year for KIAAN Children's Home for kids infected by HIV. The NSS unit, along with the YRC Wing of our institution, organized "SHARING is CARING" this year on March 25th. Household items like homecare products, laundry products, and toiletry products were donated by the undergraduate and postgraduate students and the staff of our institution. The material donated was ample and sufficient for the home for an entire year. The institution has been very supportive and encourages such social activities, which make a huge difference for these children suffering from HIV/AIDS. It also helps the students take up more such social activities, which can lead to a small change in society. Dr. Zarir co-ordinated the programme along with Dr. Umesh Bhosale and Dr. Ramya Pai.





## FREE COMPLETE DENTURE CAMP

The Department of Prosthodontics and Crown & Bridge has taken up the social initiative of providing free complete dentures to the geriatric population at old age homes across Belagavi district. The first old age home visited was Shantai Old Age Home on March 24th, 2023. On examination, four geriatric patients required new complete dentures. The preliminary impressions were made at the old age home on the same day. On the next day, the patients were brought to the institution, and the remaining steps were carried out. The patients were provided with lunch and snacks during their visit to the institution. The team consisted of Dr. Zarir Ruttonji, Reader, and postgraduate students, Dr. Saili Walawalkar, Dr. Shilpa Soman, Dr. Swarali, Dr. Somesh, and Dr. Joseph. The lab technician carried out all the lab procedures. The programme was initiated and supported by Principal Dr. Ramakant Nayak and Dr. R. B. Hallikerimath, Professor and Head of the Department of Prosthodontics. Such programmes help the postgraduate students carry out community services.



## ESTHETIC ERUDITION

The Department of Conservative Dentistry and Endodontics organized one-day aesthetic workshop on March 25th for final-year students, interns, and postgraduates. Dr. Shishir Singh, Dean and Head of the Department of Conservative Dentistry and Endodontics at Terna Dental College and Hospital, Nerul, Navi Mumbai, was the speaker for the day. The programme covered step-by-step procedures for the aesthetic rehabilitation of Class IV lesions and consisted of a lecture, a demonstration, and a hands-on programme.



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