



## **Maratha Mandal's**

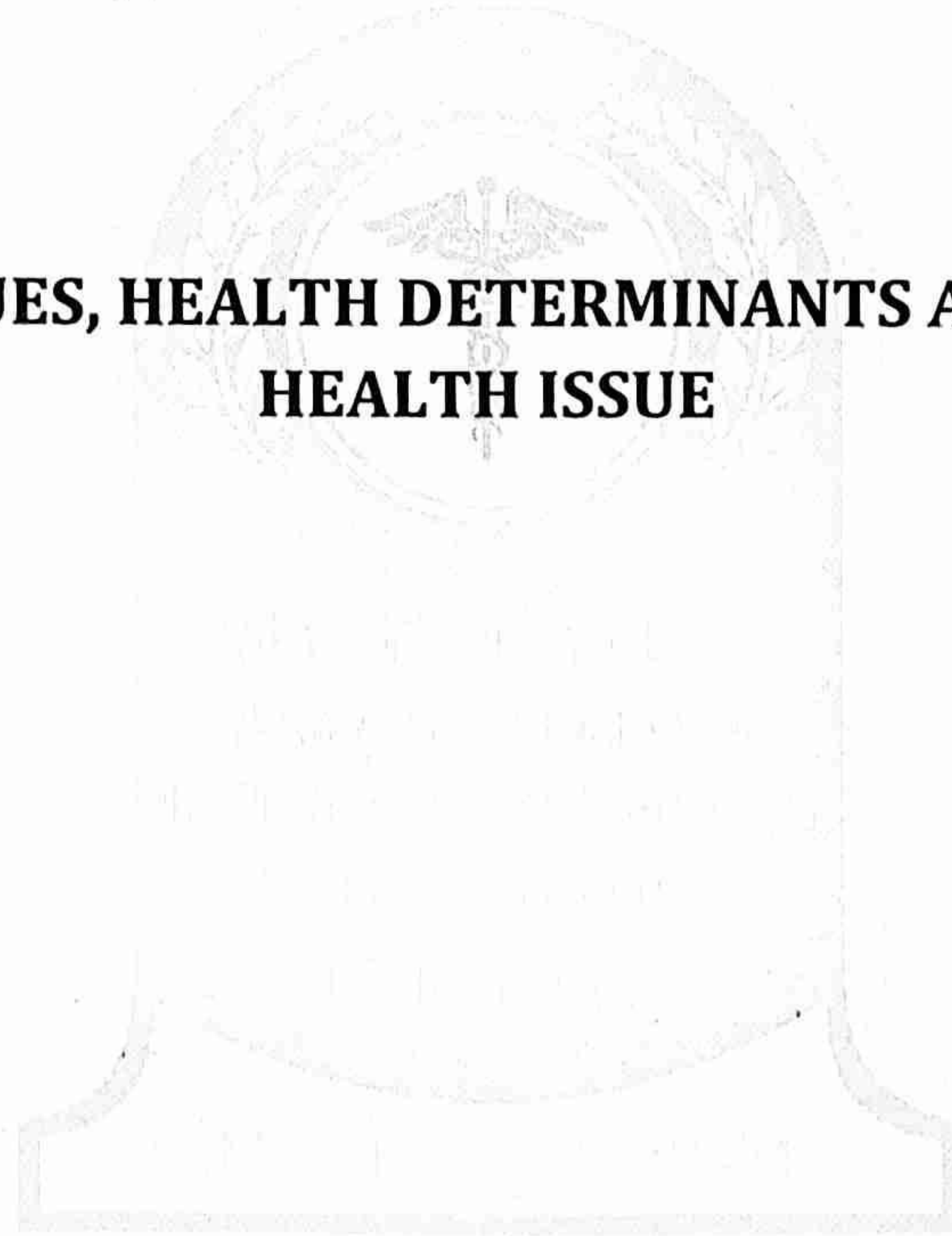
**Nathajirao G Halgekar Institute of Dental Sciences & Research Centre,  
R S No. 47A/2, Near KSRP Ground, Bauxite Road, Belagavi – 590 010  
Karnataka, India**

**Phone: 0831-2477682 Fax: 0831-2479323**

**Email: [mmnghids@gmail.com](mailto:mmnghids@gmail.com) Website: [www.mmdc.edu.in](http://www.mmdc.edu.in)**

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### **HUMAN VALUES, HEALTH DETERMINANTS AND RIGHT TO HEALTH ISSUE**



# **HUMAN VALUES, HEALTH DETERIMANANTS**

**2017-18**

## **5 A SIDE FOOTBALL TOURNAMENT**

### **THE ULTIMATE BATTLE ... SEASON III**

The 5A side football tournament, Ultimate Battle... Season III was organized by Dr Zarir Ruttonji (Sports Incharge,) Maratha Mandal's NGHIDS & RC on 20-01-2018 and 21-01-2018. Dr Ramakant Nayak (Principal, Maratha Mandal's NGHIDS & RC) inaugurated the tournament. A total of 32 teams participated in the tournament. Trinity college won the tournament defeating BIMS college 2-0 in the finals. Dr Viraj Patil (Vice Principal, Maratha Mandal's NGHIDS & RC) was the Chief Guest for the Valedictory function. The winning team was awarded a trophy and a cash prize of Rs 10,000. Mr Roxane from trinity college was awarded the best player of the tournament. Dr Aniket Thorat (PG Dept of Orthodontics was specially thanked for his effort for organizing the event so successfully.





## KHELOTSAV 2018

The college Annual Sports meet **KHELOTSAV 2018** was organized by Dr Zarir Ruttonji (Sports Incharge) Maratha Mandal's NGHIDS & RC from 08-10-2018 to 10-03-2018. Dr Ramakant Nayak (Principal, Maratha Mandal's NGHIDS & RC) and Dr Viraj Patil (Vice Principal, Maratha Mandal's NGHIDS & RC) inaugurated the sports meet. The Orange House headed by Dr Prateek Pawar (Intern) and Dr Ritu (Intern) won the general championship. Miss Neelavathi (I BDS) and Mr Ashwin (I BDS) were awarded the Upcoming Sportsmen's Award. Dr Prateek Pawar (Intern) was crowned the best Sportsperson Male and Dr Ritu (Intern) was crowned the best Sportsperson Female. Dr Viraj Patil and Dr Zarir Ruttonji gave away the medals and certificates.



## BLOOD DONATION CAMP

On the occasion of the Maratha Mandal's Foundation day, Department of Oral Pathology & Microbiology, Department of Oral Surgery, NSS Unit and Youth Red cross wing of the Institute organized a voluntary Blood Donation camp in collaboration with Blood Bank, BIMS Belagavi on 3rd January 2018. Dr. Ramakant Nayak, Principal of the institute welcomes everyone for the blood donation camp and paid tribute to all the founding members of Maratha Mandal & recounted all the hard work & dedication put in by the founders of Maratha Mandal. Dr. Ameet, Medical Officer Blood Bank, BIMS Belgaum briefed about the importance & benefits of Blood Donation. Around 40 volunteers donated their blood and made the event successful.



## ORAL HYGIENE DAY

Oral Hygiene Day was celebrated by the Department of Periodontology in the college premises on 1<sup>st</sup> August 2017, on this occasion, free scaling treatment was provided to all the patients.



## SHARING IS CARING

A visit to the school for the kids with HIV was organized by the NSS unit along with the Youth Red Cross wing of Maratha Mandal's NGHIDS & RC, Belgaum on 23<sup>th</sup> December 2017. The visit was organized by Dr.Zarir Ruttonji( Sr Lecturer, Dept of Prosthodontics) along with NSS unit Incharge Dr Sheetal Kubsad. Household items like washing soap, detergent, toilet cleaner were donated by students and staff members which were given to the kids at the school. Both UG and Pg students of the college contribute the maximum material towards the event. During the visit the school Incharge teacher Mariyamam spoke to the students about the various problems that these children encounter in day to day society and she also advised them to take up some part of community service. The contribution towards such event has always been a moto of the NSS and YRC wing of the college hence the college will be carrying out this activity once a year





## WORLD NO TOBACCO DAY

In order to mark ' WORLD NO TOBACCO DAY ' the Tobacco Cessation Cell of Department of Oral Medicine and Radiology along with Public Health Dentistry Department of Maratha Mandal's N.G.Halgekar Institute of Dental Sciences and Research Centre,Belagavi, Karnataka, India conducted a two days orientation program to bring awareness regarding the ill effects of tobacco habit, and the need for quitting the habit at HINDALCO for their employees and at Sri Shakthi deaddiction cell Tilakawadi, Belagavi, on 26<sup>th</sup> and 31<sup>st</sup> May 2018 respectively.

A total of 500 health pamphlets were distributed at the campus of HINDALCO. A health talk was organized to bring awareness regarding the ill effects of habit of tobacco to all the employees of HINDALCO and all the admitted patients at Sri Shakthi Deaddiction centre. The team of 4 Doctors Dr Sujata Byahatti, Dr Renuka Ammanagi, Dr Ravi Shirahatti and Dr Prachi Katti and 11 Interns and Post graduates were involved in the program. Routine dental checkup was also done for all of them.



The team of Doctors at HINDALCO



The entire team of camp with Interns and Post graduates



Oral screening of Employees at HINDALCO

**2018-19**

## **BLOOD DONATION CAMP**

On the occasion of the Maratha Mandal's Foundation day, Department of Oral Pathology & Microbiology, Department of Oral Surgery, NSS Unit and Youth Red cross wing of the Institute organized a voluntary Blood Donation camp in collaboration with Blood Bank, BIMS Belagavi on 3rd January 2019. Dr.Ramakant Nayak, Principal of the institute welcomes everyone for the blood donation camp and paid tribute to all the founding members of Maratha Mandal & recounted all the hard work & dedication put in by the founders of Maratha Mandal. Dr. Ameet, Medical Officer Blood Bank, BIMS Belgaum briefed about the importance & benefits of Blood Donation. Around 54 volunteers donated their blood and made the event successful.



## **SHARING IS CARING**

Dr ZarirRuttonji, Reader, Dept of Prosthodontics along with the NSS and YRC wing of the college organized the SHARING IS CARING event on 8th December 2018. The event is organized every year in which the staff, students donate household items to a non profitable organization which caters to the wellbeing of children suffering from HIV/AIDS, the organization is run by Teacher Mariyama. Household items like phenyl , toilet cleaner , detergent soaps , bodysoaps etc where donated. Dr SheetaKubsad( Incharge NSS unit) was also present for the event. Among the staff members DrRamakant Nayak, Principal, Dr Viraj Patil, Vice Principal, Dr Santosh Dindwar, Dr Sushma and Mr Arvind contributed the maximum towards the event. Among the students the Interns and IV BDS students contributed the maximum towards the event.



## **WORLD NO TOBACCO DAY:**

**Conducted in last week of May and first week of June 2019**

### **Activity 1: Education and screening camp at Sahara De-addiction center,**

**Date of camp:** 28/05/2019

**Camp Incharge (Faculty)** -Dr Prachi Katti, Public Health Dentistry

**Team Members:** Dr. Sakshi, Dr.Swathi,Dr.Sanjana, Dr.Linsy,Dr.Gautami, Dr. Shivani Priya,  
Dr. Kajal

**Activity conducted:** A Total of 36 inmates were examined and were educated about oral health. Ultrasonic scaling was done for 13 of them.

### **Activity 2: Education and screening camp at Sri Shakti, Dead diction center,**

**Date of camp:** 04/06/2019

**Camp Incharge (Faculty)** -Dr Sneha Biraj, Public Health Dentistry

**Team Members:** Dr Ashita, Dr Athulya, Dr Bhagyshree, Dr Roxanne, Dr Shivani Priya  
Dr Kajal Pagi

**Activity conducted:** A Total of 23 inmates were examined and were educated about oral health and pamphlet distribution was done regarding tobacco and lung disease. Ultrasonic scaling was done for 9 of them.

### **Activity 3: Educational video display and pamphlet distribution for patients visiting OPD**

**Date of activity** -31/05/2019

**Activity Incharge (Faculty)** -Dr Ravi Shirahatti, Public Health Dentistry

**Activity conducted:** A video was scripted and recorded with narrative explaining stories of consequences tobacco chewing. The narration was recorded with contribution from (Dr). Chhavi, (Dr.) Sakshi and (Dr.)Sanjana. The video was displayed at OPD main registration counter as well as OPD counter of conservative dentistry. The tobacco users attending the OPD were also given pamphlets.





**Dr Sneha and Dr Bhagyshree at Shri Shakti De-Addiction Centre**



**Dr Ashita distributing Pamphlets regarding**



**Checkup and Scaling Done**

## ORAL HYGIENE DAY

Oral Hygiene Day was celebrated by the Department of Periodontology in the college premises. On this occasion, free scaling treatment was provided to all the patients. A dental health checkup camp was organized at Maratha Mandal Polytechnic College, Belagavi to spread awareness and importance of oral health. A health talk was given to the students of the Polytechnic College by the interns.



## VARCHASVA

Dr Zarir Ruttonji, Sports Incharge conducted the college annual sports week VARCHASVA 2019-20 was held on 31<sup>st</sup> January , 1<sup>st</sup> and 2<sup>nd</sup> February 2019 at the CPED ground. The participants were divided into 4 different houses. Various sporting event like football, throw ball, cricket and other athletic event for both boys and girls where conducted. The Green house won the General Championship for the year 2019 and Dr Mohd Zaid , Intern won the best sports person male and Dr Neha Khot, Intern won the best sports person female for the year. Also Mr Ninad S, 1<sup>st</sup> BDS won the best upcoming player male and Miss Pradipta, 1<sup>st</sup> BDS won the best upcoming player female for the year. The prizes were given by Dr Viraj N Patil, Vice Principal, Maratha Mandal's NGHIDS & RC , Dr. Veerendra Uppin, Academic Incharge and Dr Zarir Ruttonji, Sports Incharge



## SEASON IV 5 A SIDE FOOTBALL TOURNAMENT

The Sports Committee headed by Dr Zarir Ruttonji conducted the Season IV 5 A Side Football tournament on 9th and 10th March 2019 at the college campus. A total of 20 teams participated in the event. Respected Commandant / Principal of the KSRP Police Training Grounds Mr N Jagadeesh inaugurated the event by congratulating the player and encouraging the players and spoke on the importance of sports in the overall personality development. The other dignitaries present during the inugural function where Dr Ramakant Nayak , Prinicpal Maratha Mandal's NGHIDS & RC and Dr Viraj N Patil, Vice Principal Maratha Mandal's NGHIDS & RC Belgaum. The matches where played over the two days. The final match was played between Peoples Tree College and Trinity college and Peoples Tree college won the battle 1-0. Mr Valencio from KLE VKIDS college was awarded the best player of the tournament. The sports committee also lauds the efforts by the student incahrge Mr Oswin, Miss Shrusti C, Mr Sujay , Mr Samved for organizing the event and making the event the grand success.





**2019-20**

## **VOLUNTARY BLOOD DONATION CAMP**

On the occasion of the Maratha Mandal's Foundation day, Department of Oral Pathology & Microbiology, Department of Oral Surgery, NSS Unit and Youth Red cross wing of the Institute organized a voluntary Blood Donation camp in collaboration with Blood Bank, BIMS Belagavi on 3rd January 2020. Dr Deepali Patil from Mahaveer Blood Bank briefed about the importance & benefits of blood donation. Blood Donation around 67 volunteers donated their blood and made the event successful.



## **ORAL HYGIENE DAY**

Oral Hygiene Day was celebrated on 1<sup>st</sup> August 2019. The post graduates and staff members of Department of Periodontology explained the various oral hygiene methods to the non teaching and support staff of the Institution. This was followed by felicitation of the non teaching staff.



## SHARING IS CARING

DrZarirRuttonji , Reader, Dept of Prosthodontics along with the NSSand YRC wing of the college organized the SHARING IS CARINGevent on 28th December 2019. The event is organized every year in which the staff, students ( UG and PG) donate household items to a nonprofitable organization which caters to the wellbeing of childrensuffering from HIV/AIDS, the organization is run by Teacher Mariyama. Household items like phenyl, toilet cleaner, detergent soaps, body soaps etc where donated. Dr Sheetal Kubsad( Incharge NSS unit) was also present for the event. Among the staff members Dr RamakantNayak (Principal ), Dr VirajPatil ( Vice Principal ), Dr Santosh Dindwar, Dr Sushma and Mr Arvind ( Technician) contributed the maximum towards the event .Among the students the Interns and IV BDS students contributed the maximum towards the event.



# VERVE

## College Annual Sports 2020

Dr Sandeep Katti and Dr Zarir Ruttonji Sports Incharge conducted the college annual sports week VERVE 2020 which was held from 27<sup>th</sup> to 29<sup>th</sup> February 2020 at the CPED ground. The participants were divided into 4 different houses. Various sporting event like football, throw ball, cricket and other athletic event for both boys and girls were conducted. The Black house won the General Championship for the year 2020 and Dr Tanisha Udyavar , Intern won the best sports person female and Dr Vikas Kumar Sharma, Intern won the best sports person male for the year. Also Mr Aniket Patil S, 1<sup>st</sup> BDS won the best upcoming player male and Miss Keerti, 1<sup>st</sup> BDS won the best upcoming player female for the year. The prizes were given by Dr Viraj N Patil, Vice Principal, Maratha Mandal's NGHIDS & RC and Dr Sandeep Katti.





## SEASON V 5 A SIDE FOOTBALL TOURNAMENT

The Sports Committee headed by Dr Zarir Ruttonji conducted the Season V 5 A Side Football tournament on 22nd and 23th February 2020 at the college campus. A total of 16 teams participated in the event. Dr Ramakant Nayak , Prinicpal Maratha Mandal's NGHIDS & RC and Dr Viraj N Patil, Vice Principal Maratha Mandal's NGHIDS & RC Belgaum where present for the inaugural match. The matches where played over the two days. The final match was played between KLE Society and Maratha Mandal's NGHIDS & RC team B. KLE society won the final 1-0. Sports secretary Mr Ashwin D P and Miss Shradhavani had organized the event. Mr Kaustab of KLE society was awarded the Best Player of the tournament.



**2020-21**

## **WORLD HEALTH DAY**

On the account of World Health Day, as per directions received from the Rajiv Gandhi University of Health Sciences, Bengaluru our institution conducted walkathon in the college premises on 31st March 2021 with slogan 'FIT RGUHS FIT INDIA'. Staff members of Department of Public Health Dentistry, Sports committee members, II BDS students and Interns participated in the event actively following covid protocol.



## **SHARING IS CARING**

Dr.ZarirRuttonji , Reader, Dept of Prosthodontics along with the NSS and YRC wing of the college organized the SHARING IS CARING event on 27th February 2021. The event is organized every year inwhich the staff, students ( UG& PG) donate household items to a nonprofitable organization which caters to the wellbeing of childrensuffering from HIV/AIDS, the organization is run by Teacher Mariyama.Household items like phenyl , toilet cleaner , detergent soaps , bodysoaps etc where donated. DrRamyaPai (Incharge NSS unit) wasalso present for the event. Among the staff members DrRamakantNayak( Principal ) ,DrPreetiKhusugal ( Vice Principal ),Dr Santosh Dindwar, and Mr Arvind ( Technician) contributed the maximum towards the event .Among the students the Interns and IVth BDS students contributed the maximum towards the event.



## WORLD ORAL HEALTH DAY

On the occasion of “World Oral Health Day” the Department of Periodontology at Maratha Mandal’s Nathajirao G. Halgekar Institute of Dental Sciences and Research Centre, Belagavi in association with Indian Society of Periodontology organised an orientation programme for the 3<sup>rd</sup> and Final year BDS students. The Campaign theme for the year 2021-23 to celebrate World Oral Health Day is “Be Proud of Your Mouth”. The objective of the programme was not only to create awareness about the theme among the graduate students but also to highlight the role of Periodontology and Periodontists in achieving the same. The programme was graced by the Principal, Dr. Ramakant Nayak along with the HOD of Department of Periodontology Dr. Aarati Nayak. The power point presentation which was sent by the Indian Society of Periodontology across to all the colleges of the country was shared with the audience. The speaker for the event was Dr. Sandeep Katti, Professor Department of Periodontology. The programme concluded with vote of thanks by Dr. Naseema, Postgraduate Dept of Periodontology.





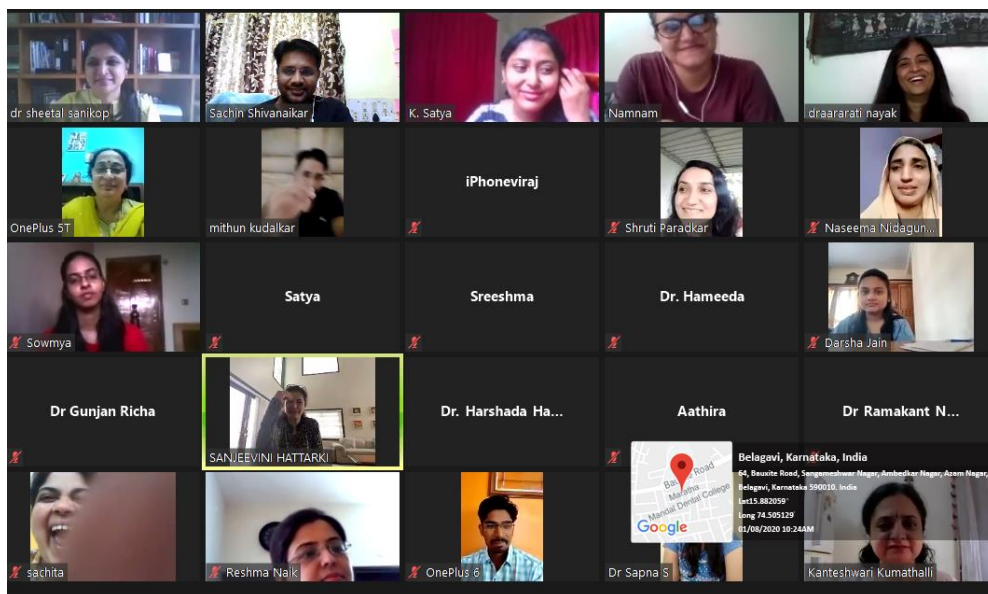
## BLOOD DONATION CAMP

On the occasion of the Maratha Mandal's Foundation day, Department of Oral Pathology & Microbiology, Department of Oral Surgery, NSS Unit and Youth Red cross wing of the Institute organized a voluntary Blood Donation camp in collaboration with Mahaveer blood Bank, Belagavi on 4<sup>th</sup> January 2021. Strict COVID protocols were followed by maintaining social distancing and wearing of masks. The event was inaugurated by lighting the lamp. A total of 33 volunteers from the Institute donated blood and made this event successful.



## ORAL HYGIENE DAY

Virtual oral hygiene day and alumni meet was conducted by Department of Periodontology on 1<sup>st</sup> August 2020. All the alumni shared their experiences and cherished the memories.

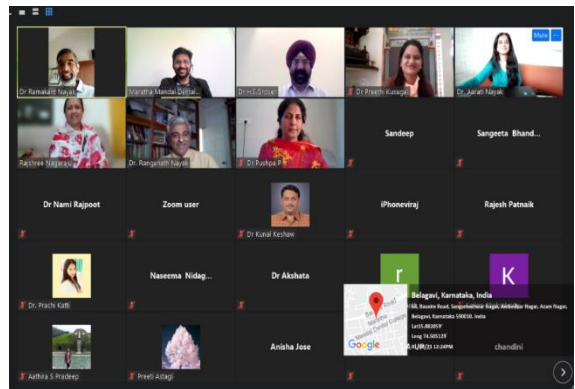


**2021-22**

## **ORAL HYGIENE DAY**

Oral Hygiene Day was celebrated on virtual platform on 1st August 2021. The event was presided by President Maratha Mandals Institutions smt Rajshree Nagaraju, The chief guest of the function was Dr Harpreet Singh Grover, Secretary Indian Society of Periodontology, Welcome address was given by Dr Aarati Nayak , HOD Department of Periodontology, Principal Dr Ramakant Nayak addressed the gathering, Master of ceremony was Dr Sachin Shivanaikar, Professor, Department of Periodontology. Short Movie on the awareness of Covid-19 and oral Hygiene was made by our department. The link of the movie was provided during the virtual program. The program was concluded by Vote of Thanks and National Anthem. On 2nd August 2021 the movie was screened in the College Auditorium in various batches to the undergraduates, postgraduates, Teaching Staff and Non-teaching staff to maintain the social distancing.

The screenplay was written by Dr Rajesh Patnaik, Editing by Dr Kahon Chakroborty, Direction by Dr Sachin Shivanaikar, music by Shivraj Patil and team, Camera assistant by Oswin Fernandes, Shubham pande and mili kashap.



## BLOOD DONATION CAMP

On the occasion of the Maratha Mandal's Foundation day, Department of Oral Pathology & Microbiology, Department of Oral Surgery, NSS Unit and Youth Red cross wing of the Institute organized a voluntary Blood Donation camp in collaboration with Blood Bank, BIMS Belagavi on 3rd January 2022. Principal Dr Ramakant Nayak, Vice Principal Dr PreetiKusugal , Dr Basavaraj , medical officer and Mr Sanjay, Co-ordinator Belagaum Blood Bank , HOD Department of Oral Pathology Dr Vijayalakshmi Kottrashetti, HOD of Department of Oral Surgery Dr Ranganath Nayak, YRC Incharge Dr Umesh Bhosle and YRC student volunteers graced the occasion. The event was conducted following strict protocol amid pandemic . the event was inaugurated by lighting of the lamp. Dr Ramya Pai, Incharge of NSS wing of the Institution spoke on the importance of blood donation. Around 55 volunteers donated their blood and made the event successful.





## SHARING IS CARING

NSS unit along with the Youth Red Cross wing of Maratha Mandal's NGHIDS & RC, Belgaum on 5<sup>th</sup> February 2022 organized a donation camp at KIAAN – a house for kids with HIV near Deccan Hospital Belagavi. The visit was organized by Dr Umesh Bhosle, incharge of Youth red cross wing along with NSS unit In charge Dr Ramya Pai. Household items like washing soap, detergent, and toilet cleaner were donated by students and staff members which were given to the kids at the school. The interns of the college contribute the maximum material towards the event. During the visit the school In charge (Teacher Mariyamam) spoke to the students about the various problems that these children encounter in day to day society and she also advised them to take up some part of community service. The contribution towards such event has always been a moto of the NSS and YRC wing of the college hence the college will be carrying out this activity once a year. The event was participated by all committee members and student members.



## Human value, wellness and yoga

Department of conservative dentistry and Endodontics conducted CDE programme titled "Human value, wellness and yoga" on 18<sup>th</sup> August 2021, Guest speaker was Dr Suhas Sudhir Godbole (BHMS, MD Acupuncture). The programme was attended by staff, post graduates students and Interns.



## WORLD HEALTH DAY

The Department of Public Health Dentistry celebrated World Health Day on 7/ 4/ 2022 at Anmol Tangudhama Orphanage Santi Bastwad, Belagavi. The orphans were educated on oral health. Oral screening has been done for children and tooth brushing technique was demonstrated.

