



An official newsletter of Maratha Mandal's N. G. Halgekar Institute of Dental Sciences & Research Center, Belagavi.

BLOOD DONATION CAMP (MARATHA MANDAL'S FOUNDATION DAY) 3-01-2020

On the occasion of Maratha Mandal's Foundation Day, Department of Oral Pathology and Microbiology, Department of Oral and Maxillofacial Surgery along with Youth Red Cross (YRC) and NSS unit of the Institute organized a Voluntary Blood Donation Camp in association with Mahaveer Blood Bank Belagavi on 3rd January, 2020. Principal Dr. Ramakant Nayak, Vice Principal Dr. Viraj Patil, Dr. Deepali Patil, Hematologist, Mahaveer Blood Bank, HOD Department of Oral Pathology Dr. Vijayalakshmi Kotrashetti, HOD Department of Oral Surgery Dr. Ranganath Nayak, YRC in charge Dr. Sushma K. graced the occasion. Dr. Deepali Patil addressed the gathering, stressing on the importance of blood donation. 67 volunteers from various Institutes of Maratha Mandal donated blood and made the event a grand success.



REPUBLIC DAY CELEBRATION 26-01-2020



Our Institute celebrated "Republic Day" on 26th of January 2020 at the college premises. The program was graced by the Chief Guest Mr. Ramchandra Modgekar, Maratha Mandal Trust Board Member. The Principal, Vice Principal, staff (teaching and non teaching) and students of the Institute were present for the occasion.

The program constituted of hoisting of the National Flag by the chief guest followed by speeches given by 1st year students Miss. Sahana Katti and Miss. Vishwaja Naik. The chief guest for the occasion addressed the gathering. The program concluded with vote of thanks by Miss. Akshata Thorat and Mr. Aditya Dhamnekar of 1st BDS. The celebration concluded with Breakfast.



RAPID REVISION COURSE FOR PERIODONTICS PG'S BY DR. AJIT NAIR 30,31-01-2020 and 01-02-2020

During the crucial hours, when the countdown has already begun, a student desires a final guidance before he commences his journey towards the finish line. To facilitate such a journey with ease, the Department of Periodontology under the able guidance of Dr. Aarati Nayak, organized a Rapid Revision Course on 30th, 31st January and 1st February 2020. Dr. Ajit Nair (Mumbai), a gold medalist in Periodontology and a proud alumnus of Vasantdada Patil Dental College, Sangli, graciously accepted the invite. The postgraduates from Vasantdada Patil Dental College, Sangli also joined the session.

The sessions were conducted for eight hours daily on the said three days. Numerous topics were dealt in depth and numerous doubts from the postgraduates were cleared. Not only were these sessions rich in knowledge but they were full of fun filled interactions. It only made learning a much easier way to grow upward and together.



SEMINAR ON "EMPOWERING THE HARD AND SOFT SKILLS : A KEY TO SUCCESS" 08-02-2020

Central Research Laboratory (CRL) of our Institute conducted a one day seminar entitled 'Empowering the Hard and soft skills : A key to Success' on 8th February, 2020. Chief Guest for the inauguration of seminar was Dr. Shiv Prakash R., President, Indian Pharmacological Society (IPS). Guests of honours were Mr. Amit Soundalgekar, Life and Business coach, Belagavi, Dr. Sudhir Sambrekar, Principal, Maratha Mandal College of Pharmacy, Belagavi. The various topics covered were, Hard and Soft Skills in Business Managements, Essentials of Hard and Soft Skills in Dentistry, Laboratory Approaches to Research in Dentistry, How to Achieve Competence, Being Skilful and Less-Work More Productivity. About 140 delegates registered and attended the seminar. The Karnataka State Dental Council awarded 6 CDE credit points for the delegates who attended the seminar. Dr. Prakash Diwan was the Organizing Chairman and Mr. Manohar Kugaji, Research officer, CRL was the Organizing Secretary for the Seminar.



ROAD SAFETY AWARENESS PROGRAM ON 03-02-2020

The Continuing Dental Education (C.D.E) Cell of our Institute in association with Shantesha Motors, Belagavi organized a Road Safety Awareness Programme on 3rd February, 2020 at the college premises. The speaker for the lecture was Mr. Prasad Koparde theory instructor Shantesha Motors Belagavi.



CDE BY DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS 11-02-2020

Department of Conservative Dentistry and Endodontics in association with the Continuing Dental Education (C.D.E) cell of our Institute, organized a CDE on 'Art and Science of Esthetic Dentistry' on 21st and 22nd of January, 2020 at the college premises. The guest speaker for the lecture was Dr. Arun Jayasheel who is a well known speaker in Esthetic Dentistry and Endodontics, working as a Reader in Bapuji Dental College and Hospital, Davangere.

The programme was inaugurated by Dr. Viraj Patil, Vice Principal of Maratha Mandal's Nathajirao G. Halgekar Institute of Dental Sciences and Research Centre Belagavi.

Dr. Ramakant Nayak, Principal, Dr. Viraj Patil, Vice Principal, Dr. Madhu Pujar, Dr. Amulya Vanti, CDE Incharge, faculty members, private practitioners, faculty from other colleges, Post Graduate students and Interns of the Institute attended the program.

The programme constituted of 2 days lecture and hands on course. On day 1, the lecture was on 'Direct Esthetic Restorative Materials' which comprised of case selection and treatment planning along with bonding protocols, shade selection, restorative techniques, matricing and finishing and polishing of restorations. Video demonstration on multi-layering technique on anterior composites and matricing techniques for posterior restorations were given. On day 2, the lectures were on "Indirect Esthetic Restorative Materials" which comprised of case selection and treatment planning for anterior and posterior teeth along with bonding protocols. Video demonstration on anterior indirect veneer preparation and temporization was conducted. Around 84 delegates including private practitioners attended the programme. Two days hands on program was conducted on multi-layering technique on anterior composites which had total of 60 participants, 30 per day.



NATIONAL ORAL PATHOLOGIST DAY 25-02-2020

The Department of Oral Pathology, of our Institute, celebrated "National Oral Pathologist Day" on 25th February 2020, to commemorate the birthday of first Oral Pathologist of India Dr. H. M. Dholakia. The celebration started with Principal Dr. Ramakant Nayak and Dr. Smita Pattanshetti addressing the students regarding Oral pathologist day and briefing them about the accomplishments of Dr. Dholakia Sir. On this special occasion, the Department of Oral Pathology, conducted 'Free oral screening camp' for detection of oral precancerous and cancerous lesions in tobacco chewers and Gutkha abusers at our college and at Uchagaon Primary Health Care Centre from 10 am to 1 pm. A total of 62 patients underwent screening for precancerous and cancerous lesions, who were then motivated to quit the tobacco habit and undergo treatment accordingly. We also conducted a drawing competition for histopathological similes for III BDS students. Students actively participated and prizes were distributed for the best three drawings.



GUEST LECTURE ON "ROCK YOUR SMILE IN THE USA" 28-02-2020



The Department of Oral Pathology and Microbiology of our Institute organized a Guest lecture on "Rock Your Smile in the USA" on 28th February, 2020 at the college premises. The speaker for the lecture was Dr. Poornima Mensinkai (Ph.D) Assistant Professor in Comprehensive Department at UT Dentistry, San Antonio Texas. She gave a brief information on career choices an International dentist can make if they migrate to US and different research opportunities in USA.



SEASON V 5-A SIDE FOOTBALL TOURNAMENT 22,23-02-2020

The Sports Committee headed by Dr. Sandeep Katti conducted the Season V 5 -A Side Football tournament on 22nd and 23th February, 2020 at the college campus. A total of 16 teams participated in the event. Principal Dr. Ramakant Nayak, Vice Principal Dr. Viraj N. Patil, were present for the Inaugural match. The matches were played over two days. The final match was played between KLE Society and Maratha Mandal's NGHIDS & RC team B. KLE society won the final with a score 1-0. Sports Secretary Mr. Ashwin D. P. and Miss. Shradhavani had organized the event. **Mr Kaustubh** of KLE society was awarded the 'Best Player' of the tournament.



VERVE 2020 COLLEGE ANNUAL SPORTS 27, 28 & 29-02-2020

Dr. Sandeep Katti Sports In-charge conducted the college annual sports week VERVE 2020, from 27th to 29th February, 2020 at the CPED ground. The participants were divided into 4 different houses. Various sporting events like football, throw ball, cricket and other athletic event for both boys and girls were conducted. The Black House won the General Championship for the year 2020. Dr. Tanisha Udyavar, Intern won the 'Best Sports Person Female' and Dr. Vikas Kumar Sharma, Intern won the 'Best Sports Person Male for the year 2020. Mr. Aniket Patil, 1st BDS won the 'Best Upcoming Player Male' and Miss. Keerti, 1st BDS won the 'Best Upcoming Player Female' for the year. The prizes were given by Dr. Viraj N. Patil and Dr. Sandeep Katti.



WORLD NO TOBACCO DAY ON 31-05-2020.

In order to mark 'World No Tobacco Day', the Tobacco Cessation Cell of the Oral Medicine and Radiology Department of our Institution conducted one hour online orientation and sensitization program for Interns of our Institution on 31st May, 2020. Dr. Sujata Byahatti spoke on "DEADDICTION METHODS" which focused on training Interns on Tobacco De-addiction Protocols. A total of 44 Interns were present for this online orientation program.

ORAL HYGIENE DAY 01-08-2020

Virtual Oral Hygiene Day and Alumni Meet was conducted by the Department of Periodontology on 1st August, 2020 on Zoom Virtual Platform. Alumni's of Periodontology joined for the meet. Principal Dr. Ramakant Nayak and Head of the Department Dr. Aarati Nayak Welcomed all the Alumni's and also the fresh joined Post Graduates of Periodontology Department. Alumni's shared their experiences of the Department and Institute. Ex Faculty Dr. Kanteshwari also joined for the Virtual meet and shared her experiences and cherished the memories.



INDEPENDENCE DAY 15-08-2020

The cultural committee of our Institute organized Independence Day Celebration on 15/8/2020 in our college premises at 7.45 am. The National Flag was hoisted by the Principal Dr. Ramakant Nayak. Other Dignitaries Vice Principal Dr. Viraj Patil, Administrative In charge, Dr Puspha Pudakalkatti, Academic In charge Dr. Veerendra Uppin, Cultural In charge Dr. Pallavi Gopeshetti and staff members participated in Independence Day Celebration. Since the Independence day was amidst the Covid 19 pandemic, social distancing was strictly followed and all the members were wearing mask. The celebration was confined to only flag hoisting and national anthem since we wanted to restrict the time of social gathering to minimum.



GANDHI JAYANTI CELEBRATION ON 02-10-2020

On the occasion of the 151th year of celebration of Gandhi Jayanti, an online event was conducted by NSS Committee of Maratha Mandal's NGH Institute of Dental Sciences. The theme of the event was "Society before self", as advocated by Mahatma Gandhiji. The welcome note was read by Dr. Ramya Pai, NSS unit In Charge. The Founder of Ashraya Foundation, a first ever NGO working towards empowerment of HIV infected adolescent Girls and women, Mrs. Nagaratna Ramagounda was the chief guest of the event. Madam addressed the gathering with regards to values Gandhiji advocated as part of the social services and responsibilities towards society by telling her life story. Madam shared her life experience with the audience regarding overcoming social barriers being HIV positive and how she founded the organization working towards empowering HIV infected women and also shared about various activities and initiatives taken up by 'Ashraya Foundation'. Principal Dr. Ramakant Nayak addressed the gathering followed by vote of thanks by Dr. Sujata Byahatti. All the staff and students of the Institute took active part in the event.



WORLD RADIOLOGY DAY 07-11-2020

The World Radiology Day is celebrated worldwide on 8th November every year which marks the anniversary of the discovery of X-radiation by Sir Wilhelm Conrad Roentgen. To mark the occasion, the Department of Oral Medicine and Radiology had organized a webinar on 'Basics And Applications Of CBCT In Dentistry', by Dr. Vishwanath Pattar. Oral and Maxillofacial Radiologist. Head & Neck CBCT Centre, Belagavi on 7-11-2020. Following was the link to join the same.

<https://meet.google.com/khm-yoi>.

The online meet was attended by the staff and students of our Institute. Welcome address was delivered by Dr. Rohini Sarnaik which was followed by guest lecture by Dr. Vishwanath Pattar. The program was concluded with vote of thanks by Dr. Sujata Byahatti.



IMPLANT MODULE 22, 23-11-2020

The surgical Implant Module was held on 5th to 8th March, 2020 and 22nd, 23rd November, 2020 jointly organized by the Department of Periodontology, Prosthodontics and Crown and Bridge, and Oral and Maxillofacial Surgery. The mentor for the programme was Dr. Deepak from Bangalore. Inauguration of the programme was held on 5th March, 2020. Lectures and Hands on course were conducted for two days on 5th and 6th March followed by implant placement on patients on 7th and 8th March, 2020. The next surgical module was held on 22nd and 23rd November, 2020. A total of 23 implants in 19 patients were placed during the module.



WEBINAR 05-11-2020

The C.D.E cell of our Institution in association with Public Health Dentistry organized a WEBINAR on ***"Responsible conduct of research in Dentistry"***. The lecture was delivered by DR. RAVI SHIRAHATTI Professor and head Public Health Dentistry on November 5th, 2020 from 10 am to 11 am. It was attended by Under graduates, Post graduates and Staff of our Institution. The session was moderated by Dr. Renuka Ammanagi.



Responsible conduct of research In Dentistry

KEYNOTE SPEAKER



DR RAVI SHIRAHATTI

Professor and head
Public health dentistry



NOVEMBER 5TH 2020
10AM TO 11AM

WEBINAR

MODERATOR

Dr RENUKA AMMANAGI

Professor Head
Department Of Oral
Medicine And
Radiology

CHILDREN'S DAY PROGRAM ON 14-11-2020

'Best Smile Contest' was conducted for the children as part of the virtual children's day program including all the schools of Belgaum. A total of 32 entries were obtained, from which 3 winners were selected and awarded.



PED TALKS 25-11-2020 and 03-12-2020

Ped talks is an online webinar series where eminent personalities from the field of Paediatric Dentistry give series of lectures on clinically relevant topics.

1st session was conducted on 25th November by Dr. Gayatri Moghe on the topic- Paediatric lifestyle diseases and Obstructive sleep apnoea.

2nd session was conducted on 3rd December by Dr. Gayatri Moghe on the topic - CLEFT CONVERSATIONS- treatment in early childhood. All you need to know about surgeries.



CAMP AND PUBLIC HEALTH ACTIVITIES CONDUCTED BY DEPARTMENT OF PUBLIC HEALTH DENTISTRY

- ❖ Department conducted a total of 10 visits to the Primary Health Care Centre, Uchagaon during January to March, 2020 and conducted oral health examination and health education to more than 150 villagers and ASHA workers during these visits.
- ❖ Department conducted a total of 10 visits to the Deaddition at Sahara de-addiction centre at Ganeshpur and Sri Shakti De-addiction Centre at Tilakwadi during January to March, 2020 and conducted oral health examination and tobacco cessation counselling to more than 80 inmates of these centres.
- ❖ In January 2020 we visited 2 schools (Beynon Smith High School and Government Higher Primary School) and provided health education and examination to more than 1000 children. In February 2020 we visited Ukkad Village as well as a camp organized at IMA hall and provided health education and examination to more than 120 individuals.
- ❖ Dr. Ravi Shirahatti conducted online faculty development programs for teachers from B. D. Jatti Homeopathic Medical College and faculty of Swami Vivekananda Dental College for Women and addressed more than 100 participants in these two programmes.
- ❖ Dr. Ravi Shirahatti conducted online research methodology programs for teachers and PG students of Bharati Vidyapeeth Dental College, Mumbai and Dr. D. Y. Patil Dental College, Pune and addressed more than 120 participants in these two programs.



AWARDS AND ACHIEVEMENTS

1. Dr. K. Satya and Dr. Akanksha Bhatt final year Post Graduate students from the Department of Periodontology received Best Paper Award at 73rd Indian Dental Conference, Kovalam, Kerala. The topic of the presentation was "Cells-are they Stressed too?" .
2. Dr. Sachin Shivanaikar received the Best IDA Secretary Award (IDA Runners up trophy) consecutively for second time at the National level, at 73rd IDA National Conference, Trivandrum, Kerala. The Award was given by IDA National President Dr. Janak Raj Sabharwal, Hon Secretary General Dr. Ashok Dhoble, Immediate Past President Dr. Deepak Makhijani, and President Elect Dr. Ravindar Singh.
3. Dr. Sachin S. Shivanaikar from Department of Periodontology completed the Post Graduate Diploma in Medical Law and Ethics from National Law School of India University, Bangalore.



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